

Finding Mr Right IRL

...and keeping him



Everyday Ways and Places to Meet and
Connect with Quality Men

by InfidelityFirstAidKit.com

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Intro: Who I Am and Why Helping Women Find True Love Matters to Me

Hello my name is Orlando and I run the relationship blog InfidelityFirstAidKit.com that you downloaded this eBook from.

It's not easy writing about cheating and affairs.

Yes, it helps those who go through the misfortune of experiencing infidelity, but it can be emotionally exhausting to write about because it constantly reminds you of what happened in your own life.

Writing about finding true love is soothing and rewarding.

When love works it's the most beautiful thing, isn't it?

Despite the ups and downs that I personally have gone through with my love life I still believe that true love exists, but it can seem elusive. And I think you feel the same way, otherwise, you wouldn't be here. And if you are here than I believe that **you deserve to find your Mr. Right**. The man that will end your search for your true love once and for all.

But as you have most assuredly discovered **love is elusive**.

We either **fall in love with the idea of falling in love** and chase after the people we want but are not the best fit or we find the right person but yet somehow it still doesn't work out.

Ugh!

On this entire planet there is nothing more beautiful than when two people truly love each other and go "all in" to protect that special gift they share. Personally, I am fascinated with feeling a deep emotional connection with a woman, the kind

that keeps a man and a woman up for hours talking while holding hands and gazing in each other's eyes for hours.

I consider myself a deep person. Small talk can recharge your batteries when life gets a little heavy, but for me the path to life's most rewarding experiences is by unlocking its biggest mysteries. And that occurs through exploring our deepest feelings to learn more about ourselves.

This is why usually my favorite conversations tend to happen with women. My experience is that women can both handle and enjoy deep conversations regarding feelings, thoughts and emotions more so than a man.

There are very few things more appealing to me than how a woman reveals her tenderness and vulnerability while discussing her deepest feelings and desires to give and receive love.

In discussions with my guy friends I have seen glimpses of their vulnerability and desire to connect with women on a deeper level, but they seem fearful of introspecting their souls and tend to change the subject quickly.

So, I guess I feel different than most men.

And I believe that my tendency to **introspect my own feelings as a man** and **decode my guy friends' feelings** on a deeper level serve me well to provide them to you on a silver platter. Furthermore, as a relationship blogger I have read and reviewed my share of guides written by dating and relationship experts who devote their livelihoods to helping women find love with respectable and interesting men.

I want to **help you in any way I can to understand men's emotions better** so that one day you find your true love- your Mr. Right.

You came here because you believe in the same kind of deep-emotional love that I do and you deserve to find it **instead of getting stuck with the wrong guy** who will only waste your time.

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What you read here and in all other guides on understanding men will build off of one another to provide you the encouragement, knowledge and confidence to **meet** more quality men, **distinguish** the ones worth investing your time with from the time-wasters, **identify** the behaviors of a Mr. Right kind-of-guy and then **how to keep him**.

But to find your Mr. Right, how well could you describe him? What kind of guy will make you forget about all the rest? Who makes for your ideal partner?

Part I: Your Ideal Boyfriend:
What Does Mr. Right EVEN
Look Like?

Part I: Your Ideal Boyfriend: What Does Mr. Right Even Look Like?

Your ideal man, your Mr. Right will be the man who will make you feel amazing because he treats you in a way that makes you feel comfortable being the best version of your own natural self. And in turn he feels the same way about you.

Ever notice how you feel and act different depending on who is around you? It's like you have different versions of yourself.

Finding Mr. Right will be a unique feeling that you only experience after spending lots of time with a man in which to test how he reacts **BOTH** in moments of celebration AND challenging times.

Anyone looks amazing when things go well, but HOW DO THEY TREAT YOU **when you are apart**, when **they face their own personal challenges** outside of the relationship or when you **both disagree on something**?

NO MATTER **what he looks like, does for a living, how interesting his hobbies are** or **what circle of friends** he has around him, in the end if you don't experience the following list of feelings then you have not found your ideal man yet.

Feelings You Experience with Mr. Right ... and no one else

Safe

Both physically and emotionally. You feel comfortable giving him the best version of yourself because he does not play mind games, attack, belittle, question or try to take from you against your will what you value most about yourself: **your morals, values, confidence, interests, views, beliefs** or anything that you care deeply about. He values your feelings and does what he can to protect them.

Secure

Furthermore, I am sure you want that he puts forth his best effort to protect your best interests as a couple. These best interests come in different forms whether

that be working his hardest to improve himself and do his part financially or to take your side (perhaps to even stand up for you if the need arises) when your emotional well-being feels threatened by a co-worker or by one of his family members.

- An example might be if his mother or sister criticizes the way you dress or tries to get involved with your personal matters as a couple.

He also does not display suspicious behavior that would lead you to believe that he might be cheating or is emotionally unavailable. You want to feel like he will communicate with you when something bothers him without threatening you. And likewise, when you feel the need to discuss your feelings with him you will not have to hide or sugar coat them.

You want to feel like the relationship is in a good place and that it is heading in the right direction to.

Valued and Appreciated

He will show his fortune for having you in his life, for adding value to his life and making it better. You will feel like you bring a joy to his life that was missing before and likewise you will feel the same way toward him. He displays his gratitude with his behavior through actions and words and fears disappointing you.

Respected

Your Mr. Right will respect that you have a different set of opinions and way of making decisions. He will not attempt to make you feel strange for your way of solving problems or deciding what is best for you. He graciously listens to your opinions and your feelings on matters that pertain to both of you.

Adored

His thoughts and words are supported by his actions to display his appreciation of you whether that be through words of affirmation (“I love you”, “You make me so happy”, “Thank you for being in my life”), bringing you flowers, helping you with chores around your house or preparing a meal for you. Bottom line is that he takes action to make you feel loved.

Unique and Good Enough

He sees you as a diamond in the rough. He identifies beauty in you that most men miss down to the smallest dimples. You do not feel a need to change because he likes you for just who you are. And what makes him unique to you is that he will not try to change you to fit an image of what he wants you to look like. You can see that you fulfill him and that he feels the same way about you.

Understood

You want him to identify your feelings and react appropriately. If you are angry at him you want him to pick up on it and do his part to smooth out the situation. If you feel worried or fearful of a situation then you want him to validate your feelings and either avoid the situation or help you feel safe. You don't want to have to spell out all your feelings to the point that you have to jump up and down and shout just to get his attention. If you do feel a need to explain how you feel then he gets it- you do not have to strain yourself to explain what you are feeling.

Free and Trusted

He should support your need to develop and design and build your own personal life. This would include your hobbies, time with friends, career or self-improvement pursuits and ventures while still believing that you value time with him. In this way he will not become jealous and needy and attempt to dominate your time.

Prioritized

Other important matters come up in his life but you want to feel like a high priority to him. You shouldn't feel like the only one making plans and rearranging your schedule to match his. So, if a meeting comes up or anything that causes him to have to change plans then he will make up for it by rescheduling with you and following through with the new plans. He will display his empathy and thoughtfulness when changing plans even with a simple text or phone call apologizing for disappointing you.

You may place these in a separate order than another woman, but these feelings matter to you. Likewise, there might be other ones that I am missing.

Within some of the above feelings I have embedded other ones. For example, my point on feeling “secure” includes multiple facets of security.

These feelings represent the benefits that you receive from your man. They are what make it worth it to look for love and stay in a relationship.

Bicycle Analogy

I believe the biggest point of this entire book is not to settle for the wrong men just because you feel lonely. Yes, you must go on dates to determine if the man is worth your time, but do not commit long-term for a man who cannot provide you what matters most.

So, **think of your relationship as riding a bicycle.** Just like a bike, your relationship must move forward and not get stuck in the mud.

Now think of this list of feelings as a bicycle chain (and perhaps others that I may have missed which matter to you) and each separate feeling that you consider a “non-negotiable, must-have” as a link on that chain.

If one of those links breaks or is missing then the chain in turn breaks and your bike does not move.

If a man cannot provide your “must-have” feelings then he too is useless to your love life. Maybe he can just be your friend, but not a future husband.

Do not commit your life with a man until you know that he can provide your “must-have” list of feelings and vice-versa.

Would you agree?

Dating and even becoming boyfriend and girlfriend is just the testing ground to find your future husband- your Mr. Right!

Mr. Right = Your Future Husband

And he is out there.

You are someone's diamond in the rough.

You Are Good Enough for The Right Guy

I sincerely believe that no matter who you are, or your circumstances, that there is a guy for every girl.

Somewhere out there is the one man who will end your search. No more looking because you will not want to find anyone else and HE TOO WILL NOT WANT TO FIND ANYONE ELSE either.

But most likely he will not look like what you thought he would.

The reason for this is because when we all think about our ideal mate we tend to only focus on the points that turn us on- the image of what we want them to be.

We only consider what builds emotional chemistry: mostly physical features but also other ***aspects THAT DO LITTLE TO KEEP PEOPLE TOGETHER.***

The factors that keep a couple together have little to do with what initially turns us on and more to do with ***WHAT MAKES US FEEL SECURE AND AT PEACE WITH OUR PARTNERS.***

You may have had boyfriends in the past who when you first met made your heart accelerate. "He's so handsome and just thinking about his smile keeps me up all night. He has a great job and we even have lots in common," you thought to yourself.

What you didn't know and eventually found out was that when you disagreed on something important that he blew off the conversation by changing the subject.

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Then he'd become emotionally distant after these deep conversations and even become practically unreachable by phone or text.

Or...

He had a fascination with hanging out with female flirty friends who constantly hit on him or crossed over your relationship boundaries. These friends would do anything to break you two apart. But yet whenever you voiced your displeasure with him hanging out with these friends that he seemed to take their side and accuse you of acting jealous.

Or...

He seemed more attached to his mother than to you when it came to deep conversations. He could talk to her about anything for hours and usually sought advice from her for making tough decisions. No matter how much you attempted to have these deep conversations with him he seemed uninterested or annoyed.

And those are just a few examples of literally hundreds- if not thousands.

These are examples of compatibility mismatches, deal-breakers that could derail an otherwise healthy-functioning relationship.

Chemistry and Compatibility: Is This the Key to Our Happiness as a Couple?

For years one phrase has stuck out in my mind more than most, "Be careful what you wish for because you just might get it."

This couldn't be truer for me (and many others- perhaps you too) than in relationships.

I thought the most attractive traits in mates who delivered emotional pulses through my veins and set off fireworks in my soul made for good relationships.

Chemistry was the only thing that mattered. If we were both hot for each other then we must be right for each other.

Woops! Big mistake!

Whether that meant a hot, tempered sexy Latina; a strong-blooded, decisive executive type decked out in a high-end gray suit or a shy, adorable girl with an alluring gaze.

It was all about external attraction: a combination of physical attributes and the ideology of what they represented.

Many of us look for partners who make sparks fly when we see them for the first time.

And this makes for some hot dates, thunderous, bed-rattling sex and memorable times- for a short bit.

However, not for the long run.

This strategy created memories for me- the kind I wish I could forget that brought on endless fights and led to divorce, cheating or both.

Even if you don't take it to the extreme, ***who wants to waste time in a dead-end relationship?***

Doesn't it make sense to get it right in the beginning?

Relationships mostly based on chemistry will smack headfirst into a thick wall and come to a sudden end.

Much like the Titanic voyage, the passengers lavished and lived the high life until the ship met its fatal blow with the iceberg.

The ship and its trained crew were not ready for the long-term voyage.

Many of the relationships we enter are not built for a long-term voyage either.

However, at the same time without a promise of some fine wining and dining the ship will never embark from its dock. No one would want to go on a boring cruise, right?

And without sparks flying and some kind of blood-boiling emotional attraction your relationships will never jump out of the starting blocks either.

You need both a degree of chemistry and compatibility to exist between you and the guy to increase the likelihood to achieve relationship success.

Therefore, before we set off to discuss techniques and strategies to hook a man I remind you of the phrase **“be careful what you wish for because you just might get it”**.

Perhaps you will appreciate this analogy.

Sweets and Snacks Analogy

We all love flavorful food.

However, much of the food that tastes great conversely is not healthy.

I love potato chips, particularly salt and vinegar.

And I also love cookies. Sugar cookies are my favorite.

But can you imagine how gross I would feel if I ate nothing but sugar cookies and salt and vinegar potato chips?

Spinach, on the other hand, happens to be one of the healthiest superfoods you could eat, especially in its raw form without being cooked. Raw spinach tastes like s---. At least to me it does.

If I simply ate spinach several times a week, I'd feel cleansed, energetic, not bloated and fulfill my body's need for essential minerals and vitamins.

But what are the chances I'm going to do that for a long period of time?

Like none and none. And neither would you most likely.

My point is that no one will successfully maintain a long-term relationship by focusing on extreme levels of either chemistry or compatibility.

A guy will not have a happy marriage with a drop-dead gorgeous, trophy wife who does not support his need to succeed in his own healthy personal pursuits and only seems to want to take from him. Likewise, a woman will not enjoy a long-term relationship with a handsome, highly successful business man but who is also a narcissistic prick.

You can't live on cookies and cake without getting an upset stomach. Nor can you dine on kale and quinoa every day for an eternity without vomiting just thinking about shoving that s--- in your mouth just one more time.

Sure, we may fall for these people but the relationship voyage will end up hitting an iceberg just like the Titanic, at some point and sink to the bottom of the sea.

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Dramatic? Yes, a bit.

But a valid point.

You're better off finding a *BLEND OF TRAITS* that make you **BOTH hot for a man AND deeper qualities that will lead a long-term healthy relationship**. Ignore this and prepare to suffer painful consequences.

What do those traits and qualities look like?

Relationship Goals: Create *BOTH* a Compatibility and Chemistry Traits List

It just makes sense to know what you want before you look for it.

You would never look for a new job just based on feeling so why do it when looking for your next boyfriend.

And just like a job search you would list out the traits for the kind of job you would enjoy day in and day out, but also the one that would keep you financially stable and provide a schedule that you could fit your personal life around.

Right?

If you want a successful and enjoyable relationship then why wouldn't you take the same approach?

So, let's start with the list traits that you will find hot in a guy.

[Chemistry Checklist] Traits and Qualities that Get Your Heart Pumping

NEVER feel ashamed of your preferences.

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Accept what you like and you will be rewarded for it.

Adopt the preferences of others, because you fear what others think of you, and pay the consequences and waste more time with the wrong men.

If what you like happens to go with the common social opinion then so be it, if not then still so be it.

For example, I'd say most men like thin shapely girls. So, do I.

But I also find chubby girls absolutely adorable.

For me if she can exude confidence and feminism then it doesn't matter what her body type looks like.

The same may be for you. You might find tall guys hot. In fact, that might be your number one physical trait preference, but you also find a short man with a high-level of confidence in himself just as appealing.

Therefore, know all the qualities that tend to draw your attention **AHEAD OF TIME** and do **NOT** assume you know exactly what you like.

Think of them as ingredients. When you combine different ingredients then you end up with a different recipe and final dish.

Your main goal with these lists is to find the "good enough" recipe of guy that you like, but also is healthy for you so that you don't get sick.

Create your own list, but here are some ideas to help you get going.

Physical Attributes and Other External Qualities

- Handsome face
- Height
- Hairstyle
- Body type
- Eye color
- Eye shape
- Body language and Body movements
- Walking style
- Dress style
- Fit of clothing
- Facial hair
- Smile
- Laugh
- Teeth
- Hands
- Fit
- Body hair
- Hygiene
- Pitch of Voice
- Home cleanliness and organization
- Home decor
- Automobile
- Financial stability
- Social standing
- Social circle
- Hobbies
- Job
- Talents
- Interesting Possessions

Character and Personality Qualities

- Enthusiastic

- Confidence
- Intelligence
- Empathetic
- Manners
- Good listener
- Caring
- Thoughtful
- Sense of Humor
- Ambitious
- Observant
- Gives genuine compliments
- Elegant
- Kind
- Composure
- Courageous
- Determination
- Humble
- Honest
- Trustworthy
- Dependable
- Reliable
- Loving
- Passionate
- Moral Integrity
- Faithful
- Fatherliness
- Generous
- Understanding
- Open-minded
- Romantic
- Sexual

Can you add to this list?

Please do because it is your list.

Prioritize what matters most to you whether by using a scale of 1 - 10 or with simple tick marks.

I'd also highly recommend **ADDING MORE DETAIL** to certain qualities, for example, if you prefer taller men, what does that mean for you?

Men well-above average height or just that they are taller than you?

Now onto the qualities that matter most to maintain a long happy relationship.

You can find a man with all your top-tier traits from the above lists, but if they do not display your top-tier preferences from the next list then you will not last as a couple.

I'd say the first lists on their own would help lead you to men with whom you could land a handful dates and even relationships.

Yet, combine those set of traits with the next list and you will increase your chances of finding a long-term boyfriend and possible future husband.

What is Compatibility?

The first list of physical and character qualities serves as more of a one-way street, like what he has that appeals to you, but the list of compatibility traits and qualities relates more to what both of you can share together.

Compatibility deals more with how well you both align together which in essence is what the word compatible means.

Finding the Perfect Boyfriend: After You Begin to Date Someone, How Do You Know if He's the Right One?

[Compatible Checklist] Traits and Qualities that Support Mutual Long-Term Satisfaction

The bottom line is: do they bring out the best in you?

So, let's pretend you started to date someone, you began to like them, you both mutually decided to start a relationship and now you want to determine how long it could last.

Is he long-term material or not?

Could he end up being your husband?

Even if you have currently not gotten to this stage yet, it makes sense to start considering what you would look for in an ideal spouse.

Compatibility does not necessarily mean having things in common it just means how receptive you are of each other.

Just because you both like sports would not be enough to invest in a long-term relationship if you both fight like cats and dogs because you both care too much to be right rather than get along.

How likely you are to get along is the key question.

When things get a little ugly how likely will you resolve your disputes?

And how well do you tolerate each other's differences?

Therefore, look for these "perfect boyfriend" qualities and possible future husband.

Similar Love Values

What makes you feel loved? Do you need **words of affirmation**, to be **physically touched** or do you want him to do things for you that you need help with? And then vice-versa, do you reciprocate the same treatment based on what he needs to feel adored?

Support

Are you supportive of one another in good times and in challenging ones?

Acceptance

You do not try to change one another to benefit your own needs.

Similar Life Goals

Do you both want to have or not have children? If so, can you agree on how to raise them? Where is your ideal place to live (in a city, countryside, suburb, in a house)? What are your travel intentions?

Style of Settling Disputes

Can you work out your differences?

Teamwork

How likely would you both share the workload of chores and important tasks?

Sacred Details

Can you keep intimate details between you two? Or can one of you not keep a secret and instead shares them with family or friends?

Sexually Compatible

(Not for those who hold off to have sex after marriage) How satisfied are you with one another's behavior in bed?

Relationship Attachment Styles

Is one of you needy and dependent on the other? Or are you both independent and can function on your own without over-burdening the other? Does one feel a need to manipulate the other to get their way?

Empathy and Sympathy

How empathetic and sympathetic are you to each other's needs, concerns, problems and desires?

Acceptance of Odd Imperfections

How receptive are you of each other's imperfections, quirks and habits? How receptive are you of one another's ways of being without it blowing up into a fight?

Open-mindedness and Flexible Thinking

How supportive are you of their ideas and values? Or do you have to be right all the time and get your way?

Apologetic and Takes Responsibility for Mistakes

Can you both accept responsibility and apologize when appropriate?

Expressiveness and Effective Communication Style

How well can you each explain your thoughts, ideas and feelings? Or do you misunderstand each other quite a bit?

Respect of Personal Space

Do you respect each other's personal space when one of you needs alone time?

Similar Lifestyles

Are you both home-bodies or are you more adventurous? What do you like to do for fun? What kinds of vacations do you like? Do you even like to travel? Can you share in hobbies or other interests together?

Intellectual Level

Do you match intellectually? It could be difficult to hold meaningful conversations with someone who does not enjoy speaking on similar deep or analytical matters.

Ambition

Do you share a close level of ambition? Or does it seem like you constantly need to motivate him? (Or the other way around)?

Emotional Timing

Do you both even want a long-term relationship now which comes with sacrificing other life pursuits? Or do you still feel unsettled in other areas of your life?

Single

Yes, it sounds crazy to ask this, but is the other person even available? Many people share chemistry despite one being- MARRIED! Trust me I receive emails like these from my visitors.

Core Values

How well do you tolerate each other's values?

Addictions or Behavioral Disorders

Do you or your partner have any ongoing, untreated, or mistreated issues that if left the same could negatively affect your relationship for a long time?

Financial Goals

How do you both value and handle money and other financial matters? If you differ in approaches could this lead to tumultuous disaster?

Summary of Compatibility and Chemistry

Do you see how this list would support the long-term health of a relationship, especially a marriage?

Falling for someone who sends shockwaves up and down your spine and gives you the butterfly flapping feelings in your stomach will only last so long.

Then one day you will feel full and not want to eat any more of what they are serving.

Numerous lustful nights of passionate, ass-thumping love making (sounds hot, right?) cannot make up for the name-calling, face-slapping, book-throwing fights you cannot seem to avoid.

Don't fall into the temptation of eating a whole bag of candy just to end up with an upset stomach in the morning.

Do NOT commit to the wrong person just because you really like them, it will NOT be enough...

...unless you want to run the risk of ending up in a dead-end marriage or worse...

...risk ending up with a cheater like many of my viewers to my blog InfidelityFirstAidKit.com.

Flames burn out, flickers linger on.

But to find that man with the unique combination of turning you on (chemistry) and aligning with your values and life goals while making you feel secure in the relationship (compatibility) will require that you meet many men to find him, not just a few.

*Part II: Attracting and Meeting
Quality Men: Looking for Mr.
Right*

Part II: Attracting and Meeting Quality Men: Looking for Mr. Right

Fantasy VS Reality: Why You Must *GET OUT* to Meet *MORE* Men

What if you could just naturally meet your future husband with little effort?

You're drinking coffee at Starbucks, you're minding your own business reading a book, waiting for a friend.

Then a handsome, muscular man, dressed in business casual sits across from you and asks about your book.

He displays impeccable manners so you do not at all feel intruded upon.

His body language shows how interested and enthralled he is in what you have to say.

He is totally present in the moment.

You end up exchanging numbers and later that day he texts you.

The next day you have a long phone conversation.

And on the weekend, you end up going out on your first date.

After a series of dates, you naturally become girlfriend and boyfriend.

Then after a couple years get engaged.

Wouldn't that be magically?

The reality is that can happen. And that's how it happens.

BUT what is fantasy is that you most likely won't meet JUST ONE man at a coffee shop (or anywhere else) and from that one single encounter meet your future husband- your Mr. Right.

Just consider the points we discussed in the first part of this book.

Many things must align to find the one-of-a-kind guy to even become your boyfriend, let alone your husband!

And you just can't expect that to happen when you only meet one guy or even just a few at a time.

What Qualifies as "Meeting a Guy"?

Meeting a guy means simply to have a conversation and during that conversation decide if you like him enough to want to talk again later.

The length does not matter, whether that's a short one-minute conversation or a long one-hour talk.

This initial encounter is where it all begins.

Not to cheapen the process of finding true love, but **it's all a numbers game.**

If you've ever been in sales then you will understand this analogy right away.

A Lesson from Sales to Understand the "Numbers Game" of Finding Mr. Right

In the world of outside sales (real estate, insurance, ad sales, medical equipment, etc.) where a sales person MUST GET OUT to meet people in order to find a client

because they cannot depend on people to come to them. To succeed in finding paying clients a chain of events must take place to make that happen.

(In essence though, all businesses experience the same process even Coca-Cola, Wal-Mart and Disney.)

But it's just easier to compare the sale person's method of finding clients to finding a boyfriend.

Consider what it takes for a salesperson to find a client.

1) Contacts

They first must make contact, for the sake of argument let's eliminate emails and say this starts with phone calls or face-to-face visits. These people are referred to as contacts. Simply put they contact them, but many are either not interested in his/her services.

2) Prospects

Next the sales person must work with the contacts who are interested and determine who makes a good match. These are prospects- people who qualify as worth investing time to set up a consultation/appointment.

3) Appointments

During the consultation the sales person gathers any information that they didn't get over the phone or email and then offers a solution to resolve the prospect's problems.

4) Clients

Anyone who decides to pay for the service that the sales person recommends becomes a client.

5) Follow Up

In order to ensure that the client is happy with the service the sales person must follow up with phone calls or more appointments.

6) Long-term Business Relationship

When a client is genuinely satisfied with a sales person's services then they will commit to a long-term business relationship in the form of renewed contracts or purchasing additional services.

Here's how it looks:

Contact → Prospect → Appointment → Client → Follow-up → Long-term Business Relationship

And now let's compare that to finding a boyfriend.

Interaction → Contact Information → Conversation → First Date → More Dates → Relationship

It may take 10 or more contacts to speak to just to set up a consultation, but it could take 5 or more consultations to actually get a paying client.

I pulled those numbers from thin air, it really depends on the industry. But the idea is that you need to meet a lot of people just to find one worth meeting with to discuss business. Then many of the appointments will not end in a sale, therefore, you must meet enough people to set up enough appointments to make one sale.

And likewise, to get a date it may take interacting and having a conversation with a handful of men before you meet one that you'd want to talk to later and from there want to go out on a date with.

Now let's head into the meat of this book. How and where could you meet quality men IRL situations?

Places to Find Your Next Boyfriend

Again, if you are looking for meet your Mr. Right, he could pop up in your life at any moment.

But each place will present their own certain challenges or benefits.

Therefore, I find it beneficial to identify and categorize them in advance so that you set yourself up for success.

In some places it is more common and mutually accepted to strike up conversations and in others it comes as somewhat of a surprise.

Let's start with the places that **you would expect people to meet and start conversations:**

- Upscale lounges
- Sports or “whole-in-the-wall” bars
- Intramural sports league
- A class or course (of any kind- formal education, exercise or for fun)
- Social gathering event
- Organized singles events
- Live speaking event
- Party (of random people coming together)
- Hosted party (organized by people you know who bring their friends)
- Networking event
- A Meetup.com event
- Conference, seminar or convention
- The gym
- At a restaurant bar
- Lounge
- Upscale bar
- Wine Bar
- Breweries
- A social club

- Outdoor concert
- Night club
- Church and School events
- Volunteer events
- A wedding
- And at your workplace
- Any waiting area

Once again, at these places it's completely acceptable to start conversations with people because it's part of the normal behavior. It would not surprise you when a guy approaches you to talk or the other way around.

In other kinds of places, however, **starting a conversation with someone could be seen as somewhat unexpected** (in certain places more than others), but not out of the ordinary like:

- At a park
- At a dog park (specifically)
- The supermarket
- An upscale supermarket
- Vitamin store
- Coffee shop
- Any kind of shop
- Airport
- Or waiting in line
- In transit (walking down the street, public transportation, on an airplane)
- Any type of tour
- Museum or art gallery
- Sporting event
- Farmer's market
- Library
- Walking around college campus
- Food truck bazaar
- Restaurant
- Hiking trails

And while you might not anticipate entering a conversation with someone, the situation for one could still naturally evolve.

Let's Break Down these Places Further

Many of the locations or events on both lists can be broken down further into two significant categories: **1)** places ***likely where you'd see the same person*** many times, **2)** and the opposite, places where you'd most likely ***only see them once and never again***.

Each category will affect your interactions with the people you meet.

In the spots you'd run into the same person multiple times (workplace, a local coffee shop, gym, dance class or neighborhood bar) you could get to know them more easily over time. There'd be no sense of urgency to ask for a date or to exchange contact information.

However, in the other places, you'd first gauge how much you like them and then how comfortable you think you'd be getting to know them later (not to mention if this person lives locally or far away).

In these moments you could attempt to get a date right on the spot (for example, to get a drink right then or go visit a local popular spot like a park, mall or museum).

Or you could exchange contact information to meet up later. Either way you will never see this person again and should take some kind of action. Of course, more on these strategies later.

Enhance Your Social Life and Fulfill Your Love Life [Simultaneously]

Getting two for the price of one is always a great way to go. And when you go out to enjoy yourself while raising your radar to meet interesting new people.

I read about a strategy from dating coach Thomas Edwards, founder of [The Professional Wingman](#), who advises his clients to:

- Increase inner circle- More friends (both male and female)
- Frequent places and activities where meeting men is easier

He calls it the **50-30-20 Lifestyle**

The strategy he advises proposes that you design a lifestyle where you set up your monthly schedule to have fun doing the things you love, trying new experiences and attending singles events.

Here's how it looks:

50% of the days you go out during the month you will attend experiences, events and venues **doing what you already love.**

30% of those days you will try new things and

20% of the time you will attend singles-focused events, experiences and venues. This almost guarantees you will someone you like.

Look at your schedule and decide how many days in the month you want to go out. Refer to the lists above to decide on where you want to go.

These are pretty sound strategies, but what do I do once I spot a guy that I want to talk to? How can I easily start conversations without it looking awkward? AND should I wait for the guy to start it or initiate it myself?

Start the Conversation vs Invite the Guy to Start It

Do NOT wait for the guy to start a conversation every time because he will NOT always approach you no matter what you do.

Yes, us men are programmed to take the lead, but some men will NOT risk rejection if they don't feel like you give them the green light. Others do NOT need a green light.

So, I recommend that you do both.

I'm sure you have already encountered numerous situations where you smiled at a guy, made eye contact and he still did NOT get it.

Sometimes we will NOT pick up on your signs.

Are we stupid?

Or do we lack a thick skin?

Maybe both, but understand some of the embarrassing moments we have experienced.

Any of us guys have lived situations where it seemed like a woman was interested in meeting us. But then after we approach her it turns out that she was just being friendly. We find out she has a boyfriend or lies about having one just to push us away. You probably have done this to guys too.

So, I'm sure you understand our hesitation.

Still you should first attempt to invite us to talk to you and then if it doesn't work you may have to make a move or risk nothing happening at all.

In other cases, the situation will just make sense that you make the first move.

Let's look at all those scenarios.

First...

Keys to "Break the Ice" BEFORE the Conversation Begins

If you'd like to meet more men than you won't want to just hope something happens. And whether you choose to approach a man or invite him to come over

and talk with you, there are a few things you can do to make it easier for a conversation to start.

Some of these strategies you can apply to your daily routines when men cross your path and other times you go out for a night on the town with the intention to meet men.

It's not to say that *if* you don't practice these techniques that you won't meet men, rather if you do then you *WILL* meet more. And if you want to increase your chances of finding Mr. Right then you should want to put the odds in your favor, right?

Let's look at one of the first strategies.

Body Language

Your body language and facial expressions send a message to all men out there.

What message do you send?

Do you even know?

Be mindful of what your body language says to men who want to approach you and to the men with whom you start a conversation.

Very few men will approach a woman who seems *uninterested* in talking to new people. Present open body language that points in the direction where men might see you. Do not point away, especially not towards the wall. You look like you are afraid of people and subconsciously protecting yourself from on-coming intruders.

The key is to look ***inviting, friendly, fun*** and ***happy***.

These are the qualities that we look for when deciding to approach you.

Nothing earth-shattering but consider it a reminder.

Just doing **this alone will get more men to approach you**- *no matter who you are, what you look like or how you dress.*

Men do not want to be rejected, even though they know that it is inevitable. But we prefer to approach women who look more likely to return our nice gestures and reward us for a respectful and friendly approach.

If you look like you don't want to be approached then guess what will happen?

This applies for any location on the two lists above.

So, what constitutes UN-inviting body language and facial expressions?

Let's look at a few things *NOT* to do.

Body Language *DON'Ts*

- Looking down (when you walk, wait standing up, wait in line)
- Checking out your phone too much
- Looking around and away from people
- Appearing in a rush, annoyed, anxious or nervous
- Folding your arms
- Hands in pockets
- Hardly ever smiling
- Looking serious
- Roll shoulders
- Fake smile
- Walking too fast
- Quickly look away after making eye contact
- Fast movements
- Looking nervous

None of these show a man that you want to talk. We'd feel like we'd be intruding to talk to a lady displaying this body language.

Again, the key to invite a man to want to speak to you is to show him that you are someone who is happy with life, secure with herself and does not fear talking to people and instead wants to talk.

So here are some positive body language examples that men look for.

Body Language *DOs*

- **SMILE**- a truly happy smile comes from the eyes, smile and squint your eyes
- Hands on hips, elbows raised
- Toes pointing outward
- Chin up
- Make eye contact and hold it for a couple of seconds
- Tilt head
- Raise eyebrows (when making eye contact)
- Laugh
- Twirl hair or adjust outfit
- Light touching on arm, should, hands, waist or small of back
- Go from straight face to big smile after making eye contact
- Hold objects down or to the side (drinks, books, boxes, etc.)
- Stand straight
- Slow movements

All of these moves send the message that you either want to talk or are at least open to.

When we do not know you then we can only go by the few clues that you provide us. And when we read your body language we subconsciously envision how you would treat us if we went out on a date. Like it or not, you do the same, it's just how it is. The little things count because we have nothing else to go on yet.

Places to Sit or Stand (to Be in Better Position to Meet Men)

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The better positioned you are where men will pass by or sit or stand next to you two things will happen: **1) it will be easier for a conversation to start, 2) you will meet more men** which, of course, will improve the chances that you will meet one that you like and who will like you back.

I won't list every scenario, so please apply the same strategies from the below to other places on the lists above.

Coffee Shops

Not all coffee shops have the same table and seating arrangement; therefore, some coffee shops are easier for you to meet men than others. The best place to position yourself is where *men will pass by* or *sit* in close proximity to where you will sit:

- **Big community table**

*Do not let this intimidate you since other people could be around. Many times, it will be you and just the other guy at the table or the others will have their headphones on.

- **Next to condiment bar**
- **At long counter**
- **Within a group of chairs**
- **Next to the group of chairs**

All these spots will put you within an earshot of where men will sit or stand.

The same strategy will work for lunch time at the work cafeteria or in nearby cafes where you might dine out.

The Supermarket

Any section where a man would spend time lingering around while looking to purchase multiple items or would look at more than one before making a final purchase such as

- **The produce department**
- **Wine and beer section**
- **Pet supplies**

The items in these sections make it easy to start a conversation about recipes, favorite dishes, favorite wines and inquiring about their cat or dog.

And I'd say the more sophisticated the supermarket the bigger variety of gourmet items you'd find which could open up a longer more interesting discussion.

A place like Whole Foods would have a bigger variety of wines and unique produce items. And even Whole Foods has a buffet bar to buy lunch or dinner on the spot, places to sit and eat and even a coffee/wine bar.

Organized Social Gathering/Meeting/Class/Live Event/Meetup Event

Arrive early so you can mingle with the other men who also get there early, especially if there is a waiting area that you'd congregate while waiting for the doors of the location to be opened. Many live events will have a bar for "pre-gaming". This is a great tip from **dating coach and friend Camille Virginia from MasterOfflineDating.com who [specializes in instructing shy women how to naturally meet quality men IRL.](#)**

Outdoor Concert

Get here early too so that you can linger around the food and beverage kiosks. Sit in the open lawn spots or anywhere there is some open space instead of packed in like sardines.

In Transit in a Big City or Downtown

Keep in mind, that your first intention is to simply strike up a conversation or invite them to start it. Rather you meet them walking down the street or during happy hour at a restaurant bar they are still strangers. Obviously, you will only talk with guys who look presentable.

- **Walking down the street:** keep your eyes peeled for guys who stop at a kiosk or who walk in the same direction ahead or behind you (you could speed up or slow down)
- **Waiting at the subway** platform or obviously standing or seated next to you

Look for new cafes, coffee shops or any restaurant or bar along the way that has happy hours and looks like the kind of men you'd like to meet go to (based on how the patrons walking in are dressed)

Again, as a reminder, the strategy from these above-mentioned examples could apply for any of location.

The principle is that any place where people must *sit, stand, wait* or who *walk in the same direction* for any length of time starting a conversation will come across as natural and not intrusive.

Now let's look at some of the easy and fun ways to start a conversation with men and then I will put it all together with some examples of places and scenarios after.

Conversation Starter Techniques and Scripts

Starting a conversation with strangers or someone you've seen several times, but don't know perhaps is one of the most nerve-wracking things you can experience. But it doesn't have to be.

If you want to find your next boyfriend, then obviously you've got to have a conversation. And as a reminder you can't control which guy you will be compatible with and will also like. But, you can control how many you meet to improve the chances that you will find the right one.

In this section we will discuss how you can initiate a conversation. And in the next section we will look at how to respond when he's the one who starts it so that you can keep the conversation going.

The main key to remember about "breaking the ice" is ***find an acceptable reason to start the conversation***. Don't over think it because once you start it most people will simply focus on what you said and follow your lead.

You just want to make it *fun* and *interesting* for them.

In the end, the more you practice and get accustomed to starting meaningful conversations with the people around you the more natural it will feel.

Of course, not everyone will respond with enthusiasm, but when they do it feels so good. Even if they do not end up in a date or someone with whom you chat with later it still feels like a win.

Dating is a lot like sales or fishing.

You can control how many times you cast your reel.

You will catch something, you just don't know what.

If it's not what you're looking for then you can toss it back and cast your reel again until you hook the right one.

Right now, your objective is to just meet quality men.

With that, what are the...

Ways to Start a Conversation with a Man...Anywhere...With Little Risk of Rejection

It won't take much to break the ice with a guy. None of these are earth-shattering, eye-popping pieces of advice, rather cordial ways to invite yourself into a conversation. Most men are not accustomed to women approaching them, but we appreciate when they do.

Trust me when I tell you that we face the possibilities of rejection every day when we approach women.

Even the most positive-minded and charming men do not like to be rejected by women, even when it's a soft form of rejection.

So, when a woman starts to chat with us and shows signs of liking us then we are more than open to it- especially if she makes it fun.

Here are some simple ways she can get the ball rolling.

“Hello”

Just a simple “hello” is one of the most effective ways to get our attention, especially accompanied with a cute smile and followed by a question or observation. This shows that you are *friendly*, are *interested in getting to know us* and we have no need to fear rejection with you. It will work best in situations when you will spend a few minutes in the same spot together whether seated or standing.

From here you can apply any of the following suggestions to keep the conversation going.

A Joke

A joke told in a flirty way is a cute way to invite yourself to speak with a guy. It makes it fun for both of you. We may feel apprehensive to get to know a woman who comes across uptight. Humor is a guaranteed win to start a conversation with men.

And by joke that doesn't mean a full-fledged joke rather something intended to be humorous, not serious- just enough to make you look charming and fun.

Something like...

You are at a coffee shop or approaching a bar with an empty seat next to a guy by himself (or perhaps just him and his friend) and you say...

“Hi, were you saving this spot for someone or just waiting for a princess to show up? Mind if I sit here?”

Or *“Hi, were you saving this spot for me? Oh, how thoughtful of you (told in a joking manner). I’m teasing. Would you mind if I sit here?”* Followed up with, *“Thank you. Nice to meet you. My name is Sarah. What is your name?”* And then from there you can keep the conversation going using any of the techniques here in this section. A simple way would be to ask him what he is drinking or ask what he recommends.

A joke or straight up flirty line is best used when feeling confident or you’ve gotten practice with it and it seems natural to you.

Plus, I realize this might strike fear in you as your effort could be shot down and risks rejection. We will talk about dealing with rejection at the end of this section, further down.

Comment on Props

No matter the situation you find yourself in, you can simply observe the props around him or what he is wearing to comment on them. And if you compliment him on a prop that he is wearing then follow it up with a question asking him to share the history of it. It will make him feel special and will create bond between you two.

Something like...

“Excuse me I don’t mean to intrude, but you really look like you are into that book. May I ask what it is about?”

Or...

“I hope you don’t think I am spying on you, but I love your necklace (bracelet, hat, patch on your backpack, etc.). It looks so interesting; may I ask you about the story behind it?”

Ask for Help

Guys cannot risk a cry for help or someone asking them for a favor, especially coming from a female. Ask for *directions* or *anything you believe he can help you with*. Just remember it's just an excuse to start the conversation but make the question sound legitimate.

One of our biggest weaknesses is answering a girl's "damsel in distress" call. We want to feel like a hero no matter how big or small the feat.

Think ***directions, computer advice, opinion about a resume or how something sounds that you wrote***, a graphic design you created, a piece of clothing, etc.

Here's an example:

"Excuse me, maybe you can help me. Do you have a moment? I notice you have a Mac laptop. I am considering upgrading to one. May I ask you what your experience is with using a Mac?"

Any time you start a conversation with a question, especially with one that asks about asking another question you will instantly grab a guy's attention.

Or...

"Hello. What's that your drinking?"

Then follow that up with, *"You sound like you know more about drinks than I do. I want to try something new. I normally drink (name a drink preference). What would you recommend?"*

Complement the "Not-So-Obvious"

A genuine complement that seems sincere will make any guy feel special and open to get to know you more.

If you know the guy then you can complement something you have noticed over time like...

“May I mention something I have noticed about you? (You definitely have his attention now). You have one of the manliest walks I have seen.”

Or if you don't know the guy, but already started some small talk with him you can make his heart thud with...

“May I ask you something? Has anyone mentioned to you how cute of a laugh you have?”

Or let's say that you haven't started a conversation yet, *“Would you kill me if I said that you have tremendous style? I love your (name a piece of clothing or apparel)?”*

I mean, what's he going to say, “Yes, I will kill you.”

He's going to love the complement. Then follow up with, *“Who chose it for you?”*

In this case, he will reveal if his girlfriend bought it for him or if he chose it. And of course, if he chose it then you can complement his taste and ask him how he found it.

Make-Believe, Funny Idea or Situation

Coming up with a creative made-up, not possible, but obviously funny situation with someone you barely know or haven't met is an easy way to start a conversation.

Here's an example:

Let's take a business/work related event. You attend a convention or big meeting for work, either one. The meeting drags on and is super boring. You can tell the guy who catches your eye is obviously bored out of his mind too.

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During a break you move in closer while he is still alone and propose a funny escape plan like...

"I don't think I can take one more minute of this, can you? (Don't pause and keep talking). So, I've devised an escape plan to break out of here. (Smile). Would you like to hear the details?"

You don't actually need to devise a plan, but if you do better yet. You just want to enter a conversation and finish with an exchange of contact information or accepting each on social media.

Wave

Waving and smiling is one of the cutest ways to get a man's attention. And I don't mean an exaggerated side-to-side wave- just a simple lift your hand up, smile, say hello and drop it back down.

I love when women do this. It shows vulnerability of taking a leap of faith that you want to talk with us. I find it super lady-like and an obvious invitation that you want to get to know me.

Pull this conversation starter off in situations where you both will sit or stand around for at least a few minutes. He can move in closer or approach you later after he finishes what he's doing. You've given him the green light to approach you.

This could especially work well after you've made contact two times or more and even traded smiles.

Let's summarize the conversation starting suggestions above.

Easiest and Most Effective Strategy to Start Any Conversation with a Guy

I realize it can seem intimidating to start a conversation with a guy you like, even when you see him at work all the time, but just haven't introduced yourselves.

Just remember the following strategies and apply them to any situation. Of course, this will come easier with practice. The first few times will seem awkward, but to make it feel natural I would practice them with ANYONE until you barely have to think about what to say anymore.

This could be anyone of any age. The point is to get comfortable starting conversations so when you find yourself in a situation where you want to start one with a guy who makes your heart beat faster at least it won't take much effort to think about what to say.

Strategy #1: Relevance or Commonality

Find something to talk about to keep it relevant to the situation going on around you both or something that you might share in common.

Again, it does not have to be overly creative, just something simple to get the ball rolling.

Here is a list of things to look for:

Conversation-Starter Ideas for Relevant Situations Happening Around You

- Something he is *wearing, carrying, sets down near himself.*
- An object nearby both of you.
- Something funny, interesting or unusual happening nearby.
- A situation happening to both of you while you wait around.

Here are some examples:

- **At a Coffee Shop**

It appears a man is working remotely from his laptop: *“Excuse me. I couldn’t help but notice that you look like you might be working remotely on your computer. I admire that a lot and admit I’m quite jealous too. May I ask what it is you do?”*

If he seems interested to talk, ask further questions about what he likes about his field and how he got into it. Show fascination and interest in him and complement how much of *hard-worker* he is, *how intelligent he seems* or *how ambitious he is*.

Men love to be complemented on the qualities they take pride in that make them successful.

This is not a flirty-type conversation, but if he is deep in concentration then it might be an easier way to get his attention. Therefore, make sure you flirt with body language: ***smile and hold eye contact, rest your chin on your hand and lean on table*** to show interest in what he has to say.

- **Another Example at the Coffee Shop or Bar (regular, lounge or upscale)**

You sit across from a guy sitting at the same table or at chair near you with a fancy-looking drink.

“Wow! That drink looks fancy and very tasty. What’s in it?” you ask. Then you proceed to compliment his taste and knowledge about coffee then ask about his other favorite coffee shops around town.

This same example works for drinks at a bar, so just swap double shot iced cappuccino with soy milk and two shots of hazelnut for a Mai Tai and ask about his knowledge of drinks (or his favorites) and his top bar spots around town.

- **At the Supermarket**

While in the produce aisle you spot a guy with a full cart of various vegetables and other ingredients. He obviously can cook unless he is quite fond of snacking on raw onions and potatoes.

This one is simple. You comment on his full cart and ask what he plans to make.

“Wow! You have quite the assortment of ingredients there. You must be quite the chef. What do you plan on preparing?”

And then you proceed to compliment his choice and ask if he made up the recipe and his other favorite dishes to make.

You could even feel out if he has a girlfriend by dropping in, *“Yum sounds good. So, who’s the lucky girl who gets to enjoy it?”*

If he doesn’t have a girlfriend (or wife) and has any interest in you at all he will quickly make it clear that he doesn’t.

I could go on forever how to start innocent conversations with men. The main point is to *find an angle* to spark any sensible, cute or funny conversation.

In this supermarket example you could make it funny and cute by remarking, *“Oh, and for a second I thought you were a wizard and was thinking of a way to cast a spell on beautiful women.”*

If he’s available and the least bit interested he will loosen up and keep talking with you. He’ll think he hit the lotto and today is his lucky day when a random girl initiated the flirting with him.

- **Simple Introduction with Your Neighbor**

Not every time you meet has to be with a guy you’ve never seen in your life. Often times we run into the same people on a routine basis whether at the *same store, coffee shop, café* during lunch or in the *lobby of our apartment building*.

Let’s say you take a daily morning jog. And you run by the same guy every now and then. Every time you see each other you nod and offer a quick “hello”.

You grow tired of this simple gesture. It's time to talk and if he doesn't do it then it's time to make a move. This time you stop him and excuse yourself for stopping his run.

"Excuse me. I feel so rude so forgive me for stopping you, but we pass each other all the time and I've never introduced myself. Hello my name is Sara."

You continue: *"I hope this wouldn't be too much to ask, but I used to run with a friend. It's more enjoyable to run and talk with someone else. Since we seem to have the same schedule would you mind running with me next time?"*

There's practically no way he will say no, unless he is in a relationship.

Set a day and time to meet next.

Onto the next simple strategy that any girl could use to get a man's attention and strike up a conversation with very little needing to be overly creative.

Strategy #2: Ask for Help

No one, especially men, can resist offering help. It's in our nature to fix things. And when it comes to helping women we feel needed. It gives us a purpose to bond with you rather than figuring out creative ways to impress you.

Make it easy for him to connect by asking for his help, here are some strategies to find ways to seek help from a man:

Ideas to Ask a Man for Help

- Suggestions how to solve a problem.
- Recommendations to help you decide on alternative choices.
- Directions.
- Recommendations where to find more information on a matter.
- Scale of 1 -10 opinion.

- Top 3 favorites.

Here are some real-life examples:

- **At Work with a Guy You've Seen but Haven't Talked with Yet**

Let's say it starts to down pour right before you leave the office (or whatever workplace). He pulls out an umbrella big enough to cover you both and, of course, you forgot yours in the car. Here's your chance to get escorted to your car.

"I tend to melt in the rain. Would you mind helping a poor damsel in distress and escort me to my car? (with a big smile on your face)."

That's when you introduce yourself and mention that you haven't met. Take this time to ask him some quick questions about where he works within the office or what his career plans are.

Since you work in the same place you will see him again. Thank him and leave it with, *"I hope to run into you again. Maybe we will see each other in the cafeteria again."* With that he should get the hint that you are interested and if he is at all as well. Then the next conversation should start fairly easily.

- **At a Bar**

Here is a super easy way to start a conversation. You're going to ask for a drink suggestion.

"Excuse me maybe you can help me?" This line alone is one of the best ways to start a conversation with a guy. What guy can resist lending a female his full attention when she presents this question?

"I'm tired of ordering the same drink. Might you suggest one for me?" (as you smile and look straight in his eyes).

Even if he doesn't know much about drinks he will do everything he can to help. He might even offer to buy it for you. From there just start asking him about his favorite drinks and bars.

- **A Guy Walking His Dog around a Lake**

Any guy would be smart to walk a dog where a bunch of single women are, even if he has to borrow the dog.

This is simply the easiest way to break into a conversation with a girl. And with that you are going to be that girl.

Do you really need a script to start a conversation in this situation?

Okay, here you go...

“Oh, your dog is so cute. What kind of dog is it? What’s its name?”

“What a cute name? How did you end up deciding on that name?”

Introduce yourself. Ask if he comes around here a lot. Then ask for a suggestion...

“Perfect. Then you should know the area well. What are some of your favorite places to eat or get a drink around here?”

Then based on what he said, ask him what he likes most about those places and say they sound like great places.

From here there is a cordial way to get him to invite you there or for you to ask him to meet up, but more on that in a bit.

For now, you have some new strategies (or even some you have used before but got re-assurance here that they work) how to lessen your fear to approach men and start conversations with them.

But what do you do when he starts the conversation?

What do you say to keep him interested?

Responding to His Approaches: Ways to Keep the Conversation Going...

When you smile and make eye contact, say “hello”, and wave. You give a man the green light to advance.

In other cases, men will approach you without you proactively giving him a signal to do so.

But what do you say when an interesting and attractive man tries to talk with you? And how do you know he is interested?

The safest bet is to assume if a man strikes up a conversation with you out of the blue that he likes you. We don't typically start talking to a girl “just because”. I wouldn't recommend overtly flirting until you know for sure though.

When a guy does approach, you want to make it easy for him to keep going and show him that you are interested too. That's why you want to ask questions to learn more about him and to allow the conversation to extend, but you also want to say something that stands out and sounds unique.

Be memorable.

Let's start with the questions that you could follow up with.

Strategies to Keep a Man Engaged in the Conversation

For this first part we won't go flirty, instead the focus will be to engage and go back and forth with him. You want to *learn more about him, see if you're interested* and if you are to *show him that you like him* too.

In the beginning don't judge, just give him your best so that he feels comfortable giving you his best. If you appear neutral or uninterested, he will not feel comfortable and will certainly not enjoy the conversation.

Utilize whatever comes up in the conversation or the surroundings to go extend the life of the conversation.

Body Language Must Match the Conversation

First, remember to show engaged body language. If you don't show that you are interested in him and what he has to say then he won't have a reason to get to know you either.

Not to beat a dead horse, but smile, make eye contact and point your body towards him.

Respond, Ask the Same Question, Then Go Deeper into the Conversation

As you've learned from experience and gathered from my suggestions in this guide so far, one of the simplest ways to start a conversation is to ask a question. So, when he asks one respond to it, of course, then follow up with the same question. Next ask about another question to invite him to go deeper on his response. This shows interest in his feelings and preferences. We will look at examples in a moment.

Show Amazement then Go Deeper into the Conversation

We all feel good when someone else expresses amazement in something we do or say. If he says something that sounds impressive or shows some knowledge or understanding about a topic then display your interest to learn more. Men, and women alike, love to talk about their passions, interests or hobbies.

Examples of these strategies:

- **At Your New Job**

A handsome man asks you how you like your new job. Respond, ask which department he works in, but then ask about his career plans.

You: *“Interesting. How do you like it?”*

Him: “I do, but it’s not what I am most passionate about?”

You: *“Really? If you could do anything you wanted, what would it be?”*

He should glow from this question and appreciate you asked.

- **Waiting at an Airport Gate, Heading Home**

A man seated near you notices something that you’re wearing or carrying that indicates that you are headed home instead of travelling somewhere else. He begins with small talk. It’s your job to take it from there.

Him: “Headed back home? I noticed your (t-shirt from hometown team or bag with company name, etc.). I live in (name of city).”

You: *“Yes, I am. What brought you out to (name of city)? Business or pleasure?”*

Through the course of the conversation you ask him about the **activities he likes to do back home**. From there you **ask him for recommendations** to some of his favorites, **why he likes them** and mention that you’d like to try them out **but that you have no one to go with you**. This opens the door for him to invite you.

- **At a Local Networking or Cultural Event**

At any kind of planned gathering where people come together for the same reason you should have a much easier time meeting men. These are great places to regularly attend and interact with guys.

We will have less fear of approaching you and will feel more comfortable with it. Most likely he will ask about what interested you most about attending the event or what did you plan to get out of it.

Respond to his questions then turn the spotlight back on him. **Ask him similar questions, what other events he has attended, which ones he recommends or which he'd like to attend.**

But especially ask what he enjoyed most about them so that you **learn about his interests and feelings**. And just like the example from the airport, you can leave the door open for him to invite you to join him to another event by mentioning that you'd like to go to one of the events he mentions but have no one to go with.

Great. We looked at some ways to extend a normal conversation that the man initiates. **What about a flirtier encounter?**

Flirty Responses to His Ice Breaking. Ways to Stand Out and Make Him Want to Chase

Some men will obviously act playful with a funny or laid-back comment or question. Their body language or tone of voice sends you the message that they are eager to meet.

In these situations, they are hoping for you to act playful with them- **they want you to flirt too**. They're asking you to play along because it is fun.

Not sure when men flirt?

Have your radar up for these signs:

1) Does he pay you an obvious compliment?

I chatted with a woman in another area of the who works at the same hotel and as I was about to walk away she looked up at me. The light shined right in her eyes. I couldn't resist. I said, **"Wow! Wait one second I want to see what color eyes you have they're beautiful with the light reflecting off of them."**

It turned out that she had a boyfriend, but she very much enjoyed the compliment.

In another situation I had noticed this woman at my workplace but never felt like I had the right opportunity to strike up a conversation. Then one day she came walking up the hallway by herself. Without ever previously speaking with her I jumped right into speaking her native language, which is my second. I spoke with a lot of enthusiasm and a big smile, then introduced myself. Yes, she liked that and we ended up as girlfriend and boyfriend later.

2) Does he show interest in who you are with questions?

When someone goes from never talking to you before to striking up a conversation with a series of questions about who you are, where you're from and what you like then this usually is a mild form of flirting.

One time a guest at the hotel I work began to ask me personal questions immediately upon my arrival to the table she sat at in our lounge. *Where was I from? How long I worked at the hotel? What I liked to do for fun? If I had kids?* Then expressed her desire and wish that I could attend an evening event with her and her friends.

Yes, this could have been out of friendly banter, but the combination of the entire scenario and her eager and energetic body language all pointed to flirting. Which was funny because a woman at the table next to her was doing something similar with me. She kept calling me by name, looking me straight in the eye, smiling and asking me questions. It's almost as if one got jealous for the attention.

3) Does he make playful comments in an apparent attempt to get your attention and attempt to start a conversation with you?

When a man invites himself into a conversation with you in a playful way then there's a good chance that he is flirting with you.

Imagine you're at a supermarket picking up several different tomatoes to test which ones are ripe. Then suddenly you hear a male voice next to you ask, *"Did you find a winner?"*

Most men will NOT jump into a conversation with a random female stranger, unless he's in a really good mood or if he likes you.

Or maybe you're in the wine section of Whole Foods Market reading the label of a wine bottle and a guy chimes in, *"Wow! Good choice of wines. What's the special occasion?"*

This could lead into a conversation about your favorite wines, your top choice in wine bars or he could ask for a recommendation.

4) Has a guy you didn't know ever come right up to you to introduce himself with a big smile, strong eye contact and firm handshake? Did he seem to ignore the other people around you?

This is one of the main ways I prefer to start a conversation with someone I have passed by quite a bit whether at work or a local spot I frequent. If I've seen a girl many times at work but never talked or she is new I will go right up to her and introduce myself.

In this situation I know I will see her again so I just want to make some kind of contact and then learn more about her each time we talk.

For someone I meet on the run and may never see again I will wait to introduce myself until after I start the conversation. Now I would only do that if I really enjoyed talking with her, but most likely only if I like her.

Okay, sorry for going off on a tangent. Now onto the flirty ways you can respond to his advances.

Funny, Flirty or Super-Out-of-the-Ordinary Memorable Responses to His Advances When...

...He Compliments You

- Him: “Wow! Wait one second I want to see what color eyes you have they’re beautiful with the light reflecting off of them.”

You: *“Take your time. Please get as close of look as you want. I’ve got all day.”*

- Him: “Wow! You have such a stunning smile!”

You: *“What can I say? I guess you just bring out the best in me.”*

- Him: “You look beautiful in that dress.”

You: *“Good to know. Should I wear it on our date together?”* (Smile then wink).
You’d own him with a comeback like that.

...He Asks You Questions to Learn More About You

- Him: “What’s your favorite place to get tacos in town?”

You: *“Are you asking me out on a date?”* (Smile and make eye contact).

Or *“Would you rather me tell you or show you?”*

- Him: “Where do you work?”

You: *“In Candyland. I love it for the perks and benefits. Free sweets all day long. No boss. And above all they have the best dental plan. Just kidding, actually, I am an accountant. Not as exciting as Candyland, is it?”*

Make it obvious you are joking and have already established a good conversation, otherwise, he may think you are being sarcastic.

- Him: “Where do you live?”

You: *“In a high tower of a castle in the woods. My mother keeps me locked up. I am waiting for my Prince Charming to come climb up and save me.”*

Again, **show him your playful side** but make sure he knows that you are playing by giving him the real answer after.

...When HE Makes Playful Comments

- Him: (You're at the supermarket while checking for the ripest tomatoes) "Did you pick out a winner?"

You: *"Ah, not yet. They need to be perfect. I want to create a magic potion to cast a romantic spell so I can find my next Prince Charming. Or should I just make soup? What do you think?"*

This flirty and playful comment turns the simple conversation into a game and gives him a chance to flirt back without fear of rejection. If he is interested then he will play along. If not, then he will play along just enough to have some fun with you and then move on. Either way you get a guy to call you later **or** you get practice.

- Him: (You're reading the label on a wine bottle) "Wow! Good choice of wines. What's the special occasion?"

You: *"Sadly, I was planning to drink it all alone tonight (display a pouty face), but I hoped to share it with a knight in shining armor. I'm still waiting for him to show up."*

This flirty response again gives the guy the green light to play along if he chooses. And it still gives you the option to decide if you want to give him your number after you share in a short conversation with him.

- Him: (During a break at a boring meeting or conference) "Listen. We can still save ourselves while we're young and alive. I have a prison escape plan, but I need a partner. Are you in?"

You: *"Yes. Then let's just disappear off the grid to a tropical island and just eat coconuts and fresh fish."*

He will love your playfulness. This also gives him the opportunity to continue the conversation to learn more about each other and end with a plan to meet up after.

OR if you feel more courageous you could hint at meeting up with a response like *“Yes. But only if it means we go to the closest bar for Happy Hour.”*

...When He Introduces Himself During Your First Encounter with Body Language that Unmistakably Shows He Likes You

Your best response is to **return equally interested body language**. **Lock eye contact, smile, do not look away**. You could even place your left hand on top of his right so that you use both hands during the hand shake.

If this is a situation where you both will see each other again then ask when you will see each other again. Otherwise, you would **complement him on his gentleman-like approach, smile, firm handshake, outfit**, etc. **Then ask when you could talk again**. He will definitely ask to exchange numbers.

But what are other ways that you can get him to ask for your number?

Let's take a look at the best strategies to make contact later.

Best Ways to Get Him to Ask for Your Number

The key to get him to ask for your number or to exchange contact information is to **hint to him that you want him to**.

Of course, **bold successful women with men will make it more obvious** and tell him that she wants to meet up like, *“So, when are you going to take me out on a date.”* And **YES, that is sexy as hell**, however, most women do not have not built up the confidence to pull that off.

Therefore, you must hint or offer a cute, **indirect invitation** for him to ask to speak with you later. You should apply this strategy regardless if this is the one and only time you will see him or if you will see him again like at work or jogging on the local park path around a lake.

Do NOT waste time once you meet a man who definitely flirts with you. You've already gotten the pass to move to the next step. Don't allow for the chance for him to meet someone else or to lose momentum with him.

Here are a few phrases you can use to hint or invite him to exchange contact information:

He mentions or suggests a place for you to visit *"Wow! I'd love to go there, but I've got no one to go with because none of my friends like that sort of place."*

"That sounds awesome. I have time to go this Friday but no one I know likes that sort of place."

"I'd love to go there but I am not sure I know anyone who would want to go with me and I don't want to go alone. Who do you like to go with there?"

"It sounds like you know that place well. Maybe we will see each other there. Then you could explain (the menu, show me around, etc.)."

"I've really enjoyed our conversation. I hope we can do it again sometime soon."

"I'd bet it fun to go with you. It sounds like you've been there a lot."

*"Wow. It sounds so fun but I don't want to go alone. (*Here he hopefully gets the hint)."*

And Here Are Some Other Ways...

- *"When can we talk again?"*

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- “When will we see each other again?”
- “Do you use Facebook?”

All of these phrases hint to him that if he asks for your number that you will give it to him. They show your interest, go half way and allow him to do his part by finishing the other half by accepting your invitation to speak and meet up later.

In short, you let him do his manly part by asking for your number.

But what about when he seems interested in you but doesn't seem to pick up on your hints? Should you give him yours or do the asking yourself?

Should You Ask to Exchange Numbers with a Guy (or Give Him Yours)?

If you feel confident enough in the moment and he does not seem to pick up on your hints that you like him then yes.

Most of us men will still see you as a lady by you taking the lead. We'd find it quite attractive.

If you both like each other it really won't matter who makes the first move to talk later. You've just had a fun conversation; the stage is set. Don't let the opportunity slip you by.

If you feel intimidated that he might say no to exchanging numbers or you are the kind of lady that wants to test his manhood then give him your number and ask him to call you.

Tell him the two best days to call you. This gives him clear instructions and eliminates his fear of knowing when.

Your first goal in this stage, after you had the initial conversation, is to speak on the phone. The text should lead to a conversation which leads to a date.

But do not be the first to call. Make him chase.

If he doesn't call or text on those dates then make one, and only one effort, to contact him before cutting him loose.

Send a semi flirty text: *"Guess what I am thinking right now?"*

If he responds with *"What?"*

Then you text back *"Wondering why you are so shy?"*

This puts you in the position of power by making him defend himself and the choice to keep the conversation going.

Invite him to call you again with options unless he wants to speak right away.

If he fails to call again then text him good bye. Show him gratitude for meeting but that you do not want to waste time on men who show no interest.

This text will **make you feel powerful, keep your confidence and give you closure.**

Some guys will take action, some won't, who cares, next.

Don't waste time. If he likes you then he will ask you out. The rest will not.

To Recap Again:

1) **Hint to him you want to talk later** and that you would like to exchange numbers.

2) **If you strongly suspect he likes you *but*** just doesn't pick up on your hints then ask to exchange numbers.

3) **Tell him when to call.** Give him an option of two different days.

4) **If he doesn't call or text then *give him one more chance*.** Text him the message, *"Guess what I am thinking right now?"* And respond with *"Wondering why you are so shy?"*

5) **Give him the opportunity to speak on the phone one more time** by giving him options again, unless he wants to call right then and there.

6) **If he does not call then text him good bye.** You are looking for someone who does not waste your time. The text will give you a feeling of power, confidence and closure.

At this point we have just gone through different strategies how to meet men and attract men.

But a part of meeting more men to increase the odds that you will find Mr. Right is **identifying the things you subtly do that prevent men from wanting to meet you.**

During our daily routines we can get stuck in habits and behavior that make us look unapproachable.

And just like you could meet Mr. Right at any moment he could also cross paths but decide NOT to meet and instead stay away.

Subtle "Stay Away" Signs You Give Off to *Boyfriend Material Men*

No matter where you are or the situation that you are in you must be mindful of sending the wrong signals. We talked about this briefly before in the section on body language DOs and DON'Ts.

However, there are many more ways to send the wrong signals to a man that he could interpret as you NOT being open to meet new people.

This primarily happens because you do not leave home prepared to meet men, despite the fact that you know you could meet Mr. Right at any time, any place.

So, first be aware of...

...*Self-Defeating, Closed-Minded Thinking

Good men are everywhere. But you only notice some of them. Instead you leave the house with a self-defeatist attitude that you won't meet anyone. And because of this you ***don't look open to talk or meet any of them.***

Head Phones and Talking on Phone

Instead of looking around your surroundings with an adorable and inviting smile you get lost in your thoughts, music and a text conversation with your friends. You missed the handsome guy a couple of tables over at the coffee shop who has attempted to lock eye contact with you for the past 30 minutes.

Travelling in Groups (men do not approach groups of women unless with other men BUT...)

You often travel in packs of friends, or at least a small group. This will intimidate single guys by themselves. Going places with friends is fine for meeting men when going to a special event, party or local classy bar, but not to Whole Foods, the gym, any special interest class, Starbucks or other places single guys tend to show up by themselves. Therefore, **IF you are in a group scan your eyes around the surroundings to make eye contact.** If you catch a guy's attention then you may have to make a move or if he too is with his friends then give hints that you are inviting them over to talk with you and your friends. Everyday places are hot beds for meeting single men but if you give them a reason to approach you.

Lack of Eye Contact

If you don't make eye contact men will not know that you give them the green light to proceed. And by eye contact I mean that you hold it for at least a full second or two.

Too Afraid to Say "Hello" or Smile

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Along with solid eye contact you should acknowledge a man's presence and break the tension even further by saying "hello" and offer a smile that says, "I like you and want to talk to you." But instead you continue to not look around when you sit or walk and the few times you do unintentionally make eye contact you quickly break it or serve up a fake, uninterested and weak smirk.

Poker Face, Bored Face, Angry Face

Us guys gauge your openness and excitement level to either meet new people or to even engage in conversation based on your facial expressions. If you look perturbed without any interest to do either one, then the chances of us approaching you dwindle to next to nothing.

Rushing and Looking Too Busy (body language and moving too fast to get somewhere)

Confidence is sexy. Women dressed for success who look like they have important things going on for them are sexy. BUT if you are in a rush to get to your next destination we may fear getting in your way. And even when we take a chance and still attempt to speak with you, you look like you're in a hurry. How ready would you be to stop and speak for a moment? You have missed out on many opportunities to engage in conversation with a man just because you look too busy.

Boring, Normal Outfit, No Accessories to Induce a Comment (not ready to meet people)

One of the easiest, risk-free conversation starters for us guys is to comment on your outfit, especially if you wear something unique to your personality (think unique accessories, shoes, hats, jackets, purses, t-shirts, badges, patches, etc.). Reveal something unique about yourself that we can ask you about. Leave the house with a plan. Wearing something that stands out works especially well at the list of places above where meeting new people is considered expected behavior.

Unwelcoming Body Language

Crossed arms, pointing away from people towards the wall, head down, crouched shoulders are examples of body language that says you do NOT want to talk. Give us a reason to approach you, not run away.

Conversation-Killing Responses to His Openers

FINALLY, despite your reasons to scare us away we still push through and attempt to talk to you anyway. We toss out a compliment of your unique necklace locket, make a comment about your cool laptop sticker or even ask for you to share your favorite local coffee shop. BUT you offer a three-word answer then go back to what you were doing (despite your interest in continuing the conversation). As a result, you miss out on a possible date, miss the cue that we like you and instead you crumble in nervousness and shut down our effort to satisfy our genuine curiosity to learn more about you.

I felt it was necessary to at least make you aware of any habits or behavior that you might not realize you do that push men away rather than pull them toward you.

Next, the final thing I would like to touch on in this section is on something other than techniques to meet men, but rather what you do before meeting men that paves the way to meet them.

Specifically, your mindset.

Any women who has the kind of success with men who gets men to eat right out of her hand and do whatever she wants, share some common traits that other women don't have.

First, off many women are not mentally or emotionally prepared to meet a man-even when a guy she's attracted to comes right up to her and talks to her.

But not just the kind of women who attracts men to themselves like magnets, but someone who is capable of finding true love and being genuinely happy.

So, what are some of those characteristics?

Characteristics and Traits of Women Who Meet Men Easily, Make Men Chase and Connect with Them on a Deeper Level

Open-minded

These women know that their restrictive checklists of the ideal man eliminate many high-value candidates. Instead of judging men guilty until proven innocent they give men a chance before blowing them off.

Radar up at all times

Mr. Right can appear at any moment. Opportunity is always knocking. The successful woman walks down the street (and EVERYWHERE she goes) with her head up and puts herself in position to react to any decent man who approaches her or strike up a conversation with one.

Leaves her past relationships in the past

She does not let her past forgettable experiences haunt her because she realizes that when Mr. Right comes along that things will be different.

Friendly and fun

No matter what happens she enjoys her life and enjoys being around the people who think the same way. Happy women attract more men than ones who complain about their problems.

Enjoy being close in his personal space

Women who fear intimacy will make a man feel ashamed of getting close to her. And no man who values relationships and a woman's feelings want to feel like he scares or hurts her.

Comfortable with respectful touching

When a respectful man likes a woman and wants to get closer to her, he will show his fascination by lightly touching her on the shoulder, arm or hand. A woman who connects well with men will not find this alarming and understand that this is just part of the relationship process of finding Mr. Right.

Body language: Reading it and displaying her own

The women who understand men know how to decode men's behaviors and mannerisms. She knows when he flirts or when he is not interested. She also is a master of facial expressions, body positioning and self-touch to get a guy's attention and attract a man she likes.

Accepts that she wants a relationship

No woman wants to be alone, despite any horrific relationship she's been through in the past. She might fear being hurt but a woman who wakes up every day open to letting a man into her life is one step closer to meeting him.

Desire to be swept off their feet

A relationship-minded woman desires to be swept off her feet by the right guy. Whereas fearful women are too busy sending signs that tell ALL men to back off regardless if she likes them or not.

Believe in real love

A woman ready for love believes in the kind of love that lasts forever. She does not resort to just dabbling in love, she is ready to dive right in when the right respectful man comes along who cares about her feelings and who also believes in a deep-emotional connection kind of love.

Understand the numbers game

A woman who succeeds with men knows that Mr. Right most likely will not show up right away. She understands statistics and that to meet the one guy who will make waiting worth it, that she will have to meet and talk with hundreds, if not thousands. And perhaps date dozens as well. She knows what she wants and cuts bait quickly with the ones she does not want.

Understand how men liked to be talked to

Men want to be respected more than any other quality. A woman who emasculates a man will lose him quickly or attract weak men who will put up with anything. But the woman who knows how to connect with men on a deeper level understands what men like about themselves and knows the role men

want to take in relationships. She uses it to her advantage to draw men closer while other women say and do the things that make men disappear.

Takes the time to learn what she wants in relationships

Instead of wasting her time with all the wrong kinds of guys and entering relationships with men who share the same traits as all her previous toxic relationships she learns what she wants and doesn't want. From there she begins to put her radar up for the kind of guy who will truly make her happy over the long run instead of just providing a quick spark that will quickly burn out.

Handling rejection

A woman who eventually finds success in relationships learns how to deal with falling in love with the wrong guys. And that's all rejection really is- encountering the man who will not end up as your husband.

And this is an important lead into the next section. Part of finding your Mr. Right requires meeting all the Mr. Wrongs.

Rejection: It's Just a Numbers Game and a Matter of Timing

Without knowing what you don't like in a man you will struggle to find the one who is most ideal for you.

Us men face the possibility of rejection every time we approach a woman. No one on this planet has avoided rejection- even the best looking and most successful, neither man nor woman.

Feel lucky that you do not have to rely on approaching the opposite sex in order to find love.

But realize that unless you take a chance to meet men you will never find your next (or first) true love.

It will make you feel better knowing that [even celebrities get rejected](#) including some of the hottest women in the movie business.

People will come and go in your life. Enjoy every bit of success you experience. Cherish the special moments you share with a man on dates. And allow these wins to remind you that you cannot control who you love and who loves you back.

You can only control one thing: the action you take.

If you feel shy then start small. Say hello, ask a simple question or pay a compliment.

Flirt with men and when appropriate ask to exchange contact information.

After you make the decision to accept that you want a relationship and begin to actively seek opportunities to meet men you are going to inevitably end up going out on dates.

That's what all the insightful information into our male minds and tips from this section will help you accomplish: **to meet men AND go out on dates with the quality ones** who you find attractive and interesting.

But the next step in finding Mr. Right is **choosing to spend time with the right guys** who will most likely qualify for the role of being your Mr. Right and **cutting off ties with the ones who will waste your time** or worse- break your heart.

Remember: in the end there's only one Mr. Right, all the others are Mr. Wrongs.

NO MATTER **how handsome** he is, **how funny** he is, **how financially secure** he is if ****he doesn't reciprocate the same treatment and respect you give him*** then he is **NOT the one for you.**

Now let's talk about differentiating Mr. Right from Mr. Wrong...

Part III: Choosing Mr. Right

Differentiating Mr. Right from the Mr. Wrongs

Part III: Choosing Mr. Right

Differentiating Mr. Right from the Mr. Wrongs

Just to ingrain this into you mind, remember, there's the right guy and then ***ALL the rest.***

One of the saddest things I see in relationships that pulls on my heart strings is when I see a woman end up stuck in a toxic relationship.

As you might imagine from the name of my site InfidelityFirstAidKit.com that I receive many emails from women who get taken advantage of or just stuck in a relationship that leads to nowhere.

Part of finding true love is steering clear of toxic love.

I want you to find a man who truly loves you for who you are and who treats you with respect. And in order for you to find him you must treat and respect yourself.

If you want a high-value man then you must see yourself as a high-value woman.

I think you'd agree that the only man worth spending the rest of your life with will be the one who makes you feel truly happy AND secure.

On your quest to find Mr. Right, no matter who you are, you will inevitably attract the wrong men too. And when I say the wrong men I mean incompatible ones who ***CANNOT*** make you happy over the long run.

What kinds of guys will you meet on the way to Mr. Right?

Let's look...

The Categories of Men You Meet in Your Life

One major thing that differs between men and women when it comes to dating is that women get approached more often than the other way around.

And as we have discussed in this book it works in your favor to surprise and delight a man when you do approach him to start the conversation.

With that said, as a woman you will get approached by your share of men, especially after you send out the right signals for us to advance and talk to you.

However, with the interesting ones that you want coming your way you will also attract more of the ones you don't want to meet.

But the more confusing part is that you will get men who you like and want to date but will just end up as dead-end relationships.

They may appear like possible Mr. Right candidates but instead are only imposters. And not because they have bad intentions or want to trick you- they are just NOT compatible and don't share the same long-term vision you do.

Of course, for some of these imposters you won't discover that they are NOT Mr. Right until after you date and spend time with them.

Again, if your goal is to find true love and a future husband, then **the only kind of guy from the following list that counts is Mr. Right.**

(*In a bit we will look at how to increase the number of Mr. Right candidates that you attract).

Creeps

Unfortunately, you will run into more creeps than any other kind of man. By creep I just mean a guy who comes across strange despite his effort to be friendly. For every creep you meet you are one step closer to meeting the next kind of guy.

Not-Quites

Some men will get your attention but not quite attract you. These are the guys who obviously like you, treat you with respect, make you laugh and you genuinely enjoy speaking with them. BUT there is just something about them that you cannot put your finger on that you just don't like them in the same way. Perhaps you go out on a date or two or maybe you could be friends, but maybe not because he has romantic feelings for you that you will never share with him. He is the "not-quite" guy.

The Un-availables

And here is where you begin to meet the men who can break your heart. These men only show up when they need you but not when you need them. They know **what to say, how to say it, when** to say it. They charm you. Smile. All day long you spend thinking about him. But when you text him you get crickets. No response. Out of the blue he responds. Says he's thinking about you. So, you set up a date. Then less than 30 minutes prior to picking you up ... his 5th cousin suddenly becomes deathly ill and he cancels- always some lame excuse. You want him bad, but he's never available when you need him.

The Commitment-phobic

The commitment-phobic men make the un-availables look like your dream come true- in the beginning. These men are the biggest time wasters besides the next one on this list. You'd be willing to drop your whole life to chase him to another city and live close. All your friends know as much about him as you do because you've spewed all the most intricate details about him like a news reel. He wines and dines you. Brings you flowers. Charms your parents. But there's one BIG problem. **He does NOT want to commit** with you the way you want him to. Whether that's marriage or in an exclusive, long-term relationship as boyfriend-girlfriend. The commitment-phobic guy will suck your energy dry and leave you wondering "what's next"?

The Cheater

I hope you never meet him. These men can ruin your life if you let them. Many are passive-aggressive types that instead of honing up to their emotional inadequacies will live second lives. They prey on the weak-minded women (most without even realizing they do it) who do not see themselves as high-value. Of course, some betrayed women come to their senses, break free from their own emotional bondage and learn to transform into a woman of high-value, but most do not. Instead they see themselves as less than all other women around them and essentially settle for accept cheating as what they perceive as normal male behavior thus trapping themselves like prisoners in the most toxic kind of relationship there is.

The Almost-Quites

Some men will bring joy to your life for a while BUT eventually will cause you more anxiety than you can handle. You share chemistry, have things in common and even begin to make plans (if not just in your head) for the future. You move in together, go on trips, and know each other's parents and family. Practically any detail about his life history you could rattle off as if it were your own because you know him so well. These are boyfriends, men you have long-term relationships with but then ONE MAJOR thing is missing that prevents him from qualifying as the all-elusive-Mr. Right: C-O-M-P-A-T-I-B-I-L-I-T-Y.

It peeks its head once again.

Yes, that boring word you hate because you interpret it as something you need and not something you desire, like eating quinoa and kale instead of burgers and fries. But compatibility leads to emotional security and trust. Two traits that correlate to duration. ***Chemistry is the attraction that brings you together but compatibility KEEPS you together.***

In a relationship with the "almost-quite" you share CONDITIONAL LOVE based on giving up your love based on a set of conditions that comes from lack of trust. This lack of trust is nothing more than your subconscious mind telling you that something is missing and to not fully make yourself vulnerable because you will end

up suffering. BUT when you find the man with BOTH COMPATIBILITY and CHEMISTRY than you know that you have found...

Mr. Right

You are best friends, you are lovers. This is the guy who you would follow to the end of the earth and when you turned around and ran to the other end he would in turn follow. You do not argue *much* because most things in your lives align: ***life goals, compatible personalities, relationship goals, timing in life*** and ***similar interpersonal skills*** that allow you to extinguish disagreements.

You see each other as complements to each other's lives that enrich your enjoyment of it, but do not suffocate each other. Both of you know how to entertain yourselves and live full lives apart, but together you enjoy your lives to a higher level than you dreamed possible.

Your love is not superficial based on a set of conditions. There is no checklist that requires you to add tick marks to a long set of boxes BEFORE your lives are complete. Both of you can put up with each other's quirky ways and still jump in each other's arms.

You give without expecting to receive and do NOT get jealous of your partner because you are their biggest fan. After years of marriage you still are best friends and cannot go long without missing each other. Life is not perfect, you still fight from time to time and life is still vulnerable to become dry, but overall you fulfill one another and do not long for anyone else. Mr. Right soothes and satisfies your soul and you are his Mrs. Right.

So, why do you need to know the different categories of guys?

Because you won't be able to tell the difference between the ones who will break your heart after investing weeks, months or even years.

We tend to chase people we like but cannot have. I'd bet you've met at least one man who fit one of the descriptions above who you kept waiting around for to

become who you wanted him to become but, in the end, you only wound up disappointed.

If you want to find Mr. Right then you must know what he looks like and in order to identify him you only need look at his behavior.

So, why do we chase people that we cannot have?

Because you feel like you need a man to complete you.

This is quite different than learning to enjoy your life without a man while your wait for THE Man, the One who will **ENHANCE** your life rather than **MAKE** your life.

When you feel like you do not have something of value to offer men then you will accept ANY man into your life who even remotely likes you back- usually the next one you meet.

And what happens if he is a “not-quite” or a “commitment-phobic”?

You will chase him to the end of the earth, but the earth keeps revolving so you just keep chasing.

And this temporary feeling of low self-esteem happens when your life is stuck in a boring rut: wake up – work - sleep and doing it all over again.

You feel like a hamster running in his ball that doesn't move forward, just stays in one spot.

Loneliness consumes you and you feel like that is the life you were meant to have.

You've got to change how you view yourself by believing that you are a woman of high self-worth.

You must get out of that ball and progress to feel strong and alive.

And this will accomplish Five things for you:

1) **It will energize** you because you will always have something to look forward to. You will rid yourself of loneliness.

2) You will **naturally run into more *quality men***.

3) You will **naturally draw men to you like** a magnet because men find ***active, happy, independent*** women SEXY.

4) You will **gain the strength to cut loose** the “not-quotes”, “commitment-phobics”, “un-availables” and the “almost-quotes” because you no longer NEED a man because...

5) ... you **will have choices of men** that you like who like you back! Yeah!

How does a woman of high self-worth think and act?

High Self-Worth Women Have Choices of Men and *Get Men to Chase and Respect Them*

Traits Men Find Highly Attractive in Women

It has always bothered me to see women get disrespected and emotionally abused by men. The woman of high self-worth typically avoids these men and has a trail of men with high standards following behind her waiting their turn to earn a morsel of her time.

When men chase women, they tend to respect them more. They take a woman's best interests in mind, think before they speak and make an asserted effort to make her feel safe and comfortable around him.

Men chase women who they deem as ladies of high value. Someone that seems just a little bit out of reach and who carries herself with an air of confidence that places her on a pedestal above all others. A spotlight from heaven follows her as she glides along her pre-determined path.

No man would dare say or act in a way that would jeopardize his chances of earning her affection.

A woman of high self-worth has choices of men from which to select. **Typically, men of high self-worth approach her.** For only men with a solid sense of self would dare attempt to interact with her because he knows she has high expectations and would swiftly reject any man who does not meet them.

...and NO man likes rejection (regardless of what he says).

A woman of high self-worth places a higher value on life and sets out to create her own happiness regardless of the circumstances.

She's sexy not just because of her well-maintained outer appearance but because of her attractive personality. She has that rare combination of **confident, vibrant, go-getter** in her personal and career life, but also **charms, can laugh** and **connect physically** with the man she adores.

Because of her high standard of characteristics, the woman of high self-worth by default has a higher chance of finding her Mr. Right than a woman of lower self-worth.

Are you a woman of high self-worth?

Let's take a look at common traits of this kind of woman.

Traits of the Woman of High Self-Worth

No one person will portray ALL the traits from any of these kinds of lists. Rather they paint a vivid picture of what kind of person you would expect to fit the role.

Dream and Goal Driven

She does not drift through life and hope for things to happen and instead creates her own opportunities and sets out to systematically achieve them typically within a time frame.

Decisive

In order for her to accomplish her goals she must make the decisions that help her achieve them including the toughest ones.

Patient

Good decision-makers do not push faster just to simply decide. She moves at the fastest pace possible to accomplish the task at hand without jeopardizing the overall outcome.

High Expectations and Standards

She demands quality of herself and the others around her, especially those she hand picks to place within her core inner circle of business partners and friends. She also demands respect and will not let others disrespect her.

Resilient

The woman with high self-worth finds a way to remain on the path that leads to success. She maintains a positive outlook despite any circumstances that would typically bring someone else crumbling down.

Strong and Independent

Alone or in a relationship, it doesn't matter, she finds a way to live a fruitful life and does not allow other's opinions to sway her opinion of herself. She exudes confidence on the outside to reflect how she feels on the inside.

Feminine

In relationships she embraces the role of “yin and yang” of acting like a lady and allowing her man to fulfill his need to feel useful to her and protective. But she orchestrates this while still maintaining her own individuality and receiving respect. In public she charms and acts lady-like behind closed doors she transforms into a sexual goddess.

Happy

Definitely on the inside but you can see it from a mile away from the outside. This trait draws both men and women alike to her like a magnet. Her body language aligns in unisons from her smile to her walk and mannerisms. The woman of high self-worth genuinely enjoys her life or finds a way to set in back on track when it slightly falls off course.

Wise

She sees the big picture in many areas of her life like a giant ball of intertwined yarn. She sees how one thread wraps around another. She understands the delicate balance of the cause and effect of all decisions.

High Emotional Intelligence

Her wisdom allows her to motivate and inspire the others around her. She anticipates others’ feelings first then carefully chooses her words and actions because she is aware of the domino effect they have. She empathizes and sympathizes with the people she comes in contact with both on a regular basis and in passing. She believes in every human’s right to feel happy and respected. Women of true high self-worth feel compassion for others regardless of their social status or role in her life.

Maintains Her Appearance and Health

She places a high importance on how she looks because it makes her feel good about herself and carefully prunes both her wardrobe and hygiene. She also wants to feel energized and rejuvenated; therefore, is selective about what she ingests and finds time to exercise.

Knowledgeable

A person capable of easily connecting with other people and building a dynamic network of collaborators typically has a sufficient knowledge of many different subjects. This allows her to find things in common and build trust.

Circle of Friends with Similar Qualities

Her friends that she carefully chooses to spend time with tend to share many of the qualities on this list. They uplift each other and in turn set out to inspire and care for others outside this circle.

Again, to have a high sense of worth does not mean you practice all these qualities, rather a good portion of them. For example, many people do not simply have the time to regularly exercise and cook homemade, healthy meals without ever breaking away from the routine.

Now this is NOT to say that only women who display these characteristics are the only ones capable of enjoying a fulfilling relationship.

No, instead I believe, as well as any other author or coach on love and relationships, that she is more likely to because ***she takes ownership of her own thoughts and feelings*** and chooses to spend time with men who do too.

Women with high standards who earn respect tend to end up in long-term, healthy relationships because they can wait for the Right Man instead of settle for the majority of men from the list of man categories above.

So, what kind of women TEND TO end up in toxic relationships with the Wrong Men?

The answer: women with a low self-esteem.

Luckily with the right steps and nurturing of a healthy attitude you can raise your self-esteem.

But these following traits describe a woman of low self-worth fairly well.

Women of Low-Self Worth

One of the consequences of having a low sense of worth is the increased risk of ending up in a toxic and possibly abusive relationship and perhaps even remaining in it for a long time. These following traits could even sabotage an established relationship with a respectful and caring man. In general, someone with a low self-worth relies on luck and circumstances to feel good. Thus, they live a life of constant mood changes and polarizing behavior.

These characteristics can impede the possibilities of developing relationships with people of high character who could uplift and inspire them to raise their self-esteem.

NEEDS a Man to Rescue Her from Misery

A woman of low self-worth seeks a man to complete her AND provide her happiness because she cannot feel whole without one.

Relies on Others' Opinions to Feel Good about Herself

Her lack of self-identity leads her to depend on others for affirmation that she makes good choices and that her life is headed in the right direction. She may pursue perfection in the hope to avoid criticism and to prevent people from disapproving of her or disliking her.

Believes She Does NOT Deserve Love

"How could someone possibly love me. I am despicable", she thinks to herself. "I am boring, ugly, unintelligent and have no future." Even if none of this is true. She just assumes that she has nothing to offer a man. She may not even realize that she thinks this way instead these thoughts may bury themselves in her subconscious mind.

Gravitates Towards Others with Low Self-Esteem

She is vulnerable to enter relationships with people who do NOT make her feel a need to challenge herself (including friendships). It's easier for her to gravitate to other people with a low self-esteem or perhaps people who live drama-filled lives.

Falls for the Next Guy Who Likes Her Back

Instead of picking and choosing her men wisely who live up to a higher level of standards, she instead falls for whichever guy likes her back. As you can imagine she meets all the men who do not respect her and treat her like a lady because she does not demand that behavior, instead she settles for disrespectful behavior.

Accepts Disrespectful Behavior

Yes, I am repeating this quality from within the description of the previous one on this list, but I feel it is vital to give its own heading. I do not want the people who scan lists to skip over this trait. A woman of high self-worth does not put up with careless, disrespectful men and swiftly removes them from her life or demands that they correct their action and only continues with him when he does. On the other hand, a woman with low self-worth will assume that she deserves it and will often dismiss it. In fact, she struggles to even identify disrespectful behavior.

Fear of Abandonment and Intimacy

Because she does not live by a strict set of norms, values and standards she feels vulnerable to abuse. The easier solution could be to avoid getting too close to men or get close but always be on alert that they will run away at any moment.

Disbelief that True Love Exists (for Her)

In her world, every one else finds love, but not her. Fate has determined to leave her loveless from a romantic partner.

Blames Fate or Others for Her Lack of Happiness or Success

She does not view the achievement of happiness as a cause-and-effect relationship. She does not take ownership of her own thoughts and feelings and believes things just happen to her instead of her making things happen.

Lacks a Set of High Standards, Values and Expectations

Without a clear picture of what she wants in her life and without detailed goals and lofty dreams she has no set of (or a short list) high standards, values or expectations. Any that she does have she is likely to violate them for short-term gain. Examples of this could include lying, stealing, gossiping or cheating (of any kind).

Believe ALL Men Cheat

If you allow bad behavior to persist then you pave the way for bad things to happen. Of course, even good men with good intentions are capable of falling victim to temptation when they fail to take ownership of their feelings and stop communicating with their partner. ***But do you really believe that all relationships end up in affairs? Or do you allow yourself to fall in love too easily with disrespectful men?***

Manipulative

Without strong social skills and high emotional intelligence to negotiate a mutually satisfying outcome, she is more likely to use manipulation to get her way. This of course, may get her what she wants now but sabotages the chance of cultivating a healthy long-term relationship and even her own inner peace.

Honestly, this list could fill pages, just like any other list in this book, but as you can see these qualities are ***self-destructive***, thus tend to push away quality men with a big heart and who want to commit to one woman.

Again no one person possibly can share all of these qualities, but it does depict an image of someone who does not take the utmost care of herself. And without self-care and self-love a woman with a low self-esteem should not expect ***a man with high self-worth*** to be attracted to this kind of woman.

Instead she tends to attract any version of Mr. Wrong- the man who will not make it possible to cultivate a loving, nurturing and healthy relationship with her.

What does Mr. Wrong look like?

Mr. Wrong Traits

As a reminder keep one very simply concept in mind. If he does not look like Mr. Right then that's because he is Mr. Wrong. It may take some time to see it, but whether intentionally or unintendedly, through poor behavior or incompatibility, Mr. Wrong will become OBVIOUS at some point.

BUT will you accept the truth and hang out to the wrong guy just to avoid being single.

He may feel good in the short-term. He might turn you on and you both could share all the most alluring traits of chemistry together, but do NOT commit long-term to a temporary fulfilling man.

You could waste years of your life.

Sometimes in order to figure out what you do want, it helps to know what you do NOT want and this list will help.

This is a pretty big list because I think there are more toxic, relationship-sabotaging qualities than healthy ones.

Side-Steps the Commitment Conversation

If you've dated him for a while and he avoids discussing your future together every time you bring up the topic then that is NOT a good sign. It'd be one thing to discuss it and share his thoughts and feelings about. It's another thing to continuously change or attempt to drop the subject. It means he does NOT want to give anymore than he is already giving right now.

Does NOT Introduce You to Family or Friends

Sounds like he is hiding something to me. Why would he not want to show off his prized possession?

Insults and Attacks Your Character

His disapproval could be a sign of mutual incompatibility, but either way this is highly disrespectful. Men of high self-worth would not do this to a woman they loved and who in turn is respectful and loving to him.

Belittles Your Feelings

When you express your concerns or feelings does he put you down? Does he disregard them and dispute that you shouldn't feel the way you do?

Blames You for Problems in the Relationship

Here is a sign that he depends on others for happiness. It also shows that he does not take ownership for his own actions.

Blames You for His Own Misfortune

Not only does he blame you for the mishaps in your relationship he believes you impede his progress in his own personal life. Examples of these might be his accusations that you prevent him from achieving career success or personal endeavors unrelated to work.

Runs from Controversy

Every couple argues from time to time, but couples meant to be together find a way to settle disputes.

Long-History of Womanizing

People can change, but I am a guy who has male friends in "committed" relationships with past histories of seeking out random women to have sex with. They became addicted to the satisfaction of "the hunt" and the affirmation of women's affection. This is NO easy emotional switch for them to shut off. What

happens if they do NOT see the need to meet women outside the relationship as a PROBLEM? Answer: They cheat and justify their reasons for it.

History of Serial Cheating

Some womanizers do not cheat, but when they do **REPEATEDLY** this is the **HIGHEST RISK partner you will meet**. A person who cannot stop cheating and does NOT seek help or take legitimate steps to stop because they have identified it as a self-destructive problem will NOT be able to stop. Do NOT full yourself into thinking otherwise. Remember, the majority of my site deals with cheating and affairs. I believe in true love and believe everyone deserves it, especially you. I do not want you to have to deal with a serial cheater, especially if you already have. Do you have any idea how many emails I have received from women who visit my website and reveal that their serial cheating husbands had a past history of serial cheating? I guess they assumed he had changed. And they were incorrect. Serial cheating is MUCH different than a one-time fling.

Gaslighting and Manipulative

Does he selfishly attempt to get what he wants from you while accusing you of acting selfishly? Of course, this is subjective. It's normal in a relationship to think that the other person is taking advantage of you from time to time. But do they cause a scene in public, raise their voice, throw objects to get your attention, do you begin to doubt your own judgement because they get you second-guessing yourself?

Needy and Co-dependent

When you want to spend time with your friends or family without him does he attempt to make you feel guilty? Does he have a life outside of you like you do of him? It's healthy to maintain friendships outside of your romantic relationships.

Acts Suspiciously

Does he change his patterns quickly? Does he suddenly become next to impossible to get a hold of? Do his actions and words seem to conflict? Does he become emotionally distant? While this does not mean that he is cheating it certainly makes you feel insecure. Of course, we are generalizing here. It could also indicate signs of depression. In that case, the poor guy may need help.

Crosses Personal Boundaries

No matter what level of relationship you find yourself in, there are certain boundaries that you do not cross. Do his feelings of insecurity lead him to check your phone, break into your email account, scour through your car or purse? Does he spy on you in any way? This behavior is unacceptable. This causes mistrust in relationships and sets the pattern for disrespect.

Disrespects Relationship Boundaries

Aside from stepping over personal boundaries a partner could break relationship vows like share personal information about you two with to a third party who could interfere with the health of your relationship. Does he make flirty comments to other women? Does he meet up with female friends or exes WITHOUT telling you in advance? Does he send messages or call females WITHOUT telling you?

Falls in Love Too Quickly

It may sound cute to fall in love quickly, but it could also be a sign of insecurity. The deal-breaker may be if he pushes you to commit more than you want to and does not seem to understand your point of view. How can you truly love a person until you've been around them through many good times and many challenging times?

Compares You to Previous Partners

A happy partner does NOT compare you to his old partners. Which is weird if he wasn't happy with them. You don't want to hear about his exes and you shouldn't have to. Here is possibly a sign of poor communication. But if it does not stop then when will it? It could be a sign that he is not the one for you. A man who respects you and has a high self-esteem would not feel a need to compare you to his exes.

Points Out What He Does NOT Like About You

In addition to comparing you to exes he might also just flat out point out what he does not like about you, which is a form of belittling. This strips you of your right of individuality and does not respect you as a lady.

Life is short. Make sure you know what your Mr. Right looks like and does NOT look like.

Now that we looked at some of the traits of what the wrong guy looks like what does the right one look like?

Mr. Right Traits

Who makes for your ideal long-term partner? What would your ideal husband look like? Of course, this does not mean that you won't bicker and fight, but rather you genuinely care for each other and put forth an asserted effort to enrich the other person's life.

Once again, these are samples of a much bigger list. This is not to say that your Mr. Right will personify ALL of these traits.

Keep in mind you are looking for your ideal partner. And your ideal partner will NOT be perfect. You're still going to be annoyed by some of his qualities.

Also note that this is a one-sided list. It only mentions his traits and simply assumes that you would fit his description of the ideal mate too. It's always a two-way street in healthy relationships. In order for him to bring out the best in you, you must bring out the best in him.

He's Your Best Friend

Friends celebrate victory and good times together and reconcile fast. You thoroughly enjoy each other's company.

He Has a Give-First Attitude

He gives without expecting anything in return because he deeply cares about your well-being.

Understands and (Truly) Accepts Your Love Language

Gift giving, quality time, words of affirmation, acts of service and physical touch. He knows which one you have most affinity to and how to tailor his love for you.

Does Not Try to Change You

You know you've met Mr. Right when they accept you for who you are and do not try to change you to suit their needs.

Sexually Compatible (or agreeing to wait)

Unequal sex drives will lead to much disappointment and resentment, especially if one of you has a super high sex drive. For religious reasons you may decide to refrain from pre-marital sex and might not discover each other's sex drive until after you get married.

He Shares Similar Life Plans

If he matches your level of ambition then you will respect each other more easily. How does he feel about having children? Where does he want to live- in the city or in a peaceful suburb? Will you live by both families or will one have to move away? If so, will that create a problem? Does he want to dedicate the majority of his time on his career right now? What other life plans do you share? Do any major conflict?

Does Not Run from Arguments, Settles Them

Super important! Does he settle disputes or just hope that time heals? Running from unsettled disputes can harness resentment and build up tension over time. Resentment can kill a relationship.

Brings Best Out of You

Around your ideal partner you should feel comfortable acting your natural, best self. If you routinely feel anxious, insecure or angry, quite simply not the best version of yourself then you may want to investigate your feelings further. It could indicate a sign of incompatibility. It also could highlight an area of your relationship that lacks communication and understanding.

“In-this-Together Attitude”

Your true love will sacrifice things he wants for the better of the team. Do his desires in his personal life cause damage to the relationship?

Unconditional Support

No jealousy, just love and desire to improve your well-being. He truly wants to see you be happy.

Strong When Apart

Time apart will happen and when it does your relationship does not fall apart. Your ideal partner will know how to entertain and take care of themselves. He will also not feel jealous or fear that someone will take you away from them because they know deep inside that you are also happy with him.

Emotional Timing

You might have compatible personalities, but he may not be emotionally ready to commit to a relationship (or marriage) at this time. That does not mean that he will not later, but he will at least be willing to discuss how he feels about this.

Stability Timing

Emotionally they are ready, they possess most or all these other Mr. Right signs on this list, yet financially or in their career they are a mess. This problem will come back to haunt the relationship soon enough if not fixed.

Empathetic and Sympathetic to Each Other’s Struggles

Your potential Mr. Right not only understands how you feel, but they also feel bad when you hurt. It bothers him when you struggle.

You Can Accept Each Other’s Imperfections, Quirks, Opinions and Differences

Your ideal man, and future husband, will prefer that you have imperfections because they make you unique. He values your own opinions, quirky ways and different viewpoints.

Steer Clear of Insulting, Emotional Manipulation, Threats

When things do not go his way, he will not turn to manipulative mind games to get what he wants. Secure people do not insult, threaten or resort to pressure to gain an advantage.

Apologizes When Appropriate

We all will make mistakes and hurt our partners, even when we do not mean to, but your Mr. Right will know when to apologize in order to reconnect because he cares about your feelings.

His Presence Soothes and Relaxes You

When you spend time with him your stress evaporates. Even after you spend many years with him you rarely feel negative friction. He despises drama as it alienates him from you.

He Challenges You to Excel and Improve for Your Well-Being

Mr. Right will know your limitations, talents and skills. Then he will push you to achieve your best based on your abilities because he wants you to live life to the fullest.

Clears Up Confusion and Avoids Friction Whenever Possible

Your true love will not fear clarifying what he said or how he feels. He will also proactively head off trouble before it begins.

True love leads to a happier fulfilling life. It does not bring unnecessary problems into it. Instead it vanishes them.

What happens when you believe that you have found your Mr. Right? What can you do to strengthen your bond with him?

Let's take a look...

*Part IV: Keeping Mr. Right:
Going from Liking You to
LOVING You*

Part IV: Keeping Mr. Right: Going from Liking You to LOVING You

We've already discussed the importance of searching for the man who not only you like but respects and treats you the way you want. Otherwise, you will just end up disappointed. It is not enough just to find a guy who likes you and you like him.

So, at this point in the book we will assume that you found a man (*or you want to take a glimpse into the future of when you do*). He passes your test, which naturally comes first, but do you pass his?

What truly makes a man happy with his woman?

This goes beyond just physical appeal.

Honestly, men are not as picky as they appear to be when it comes to physical beauty. We are not looking for a model. If she ends up possessing model-like looks then so be it.

As you can imagine, I've had numerous conversations with guy friends about the women who we find stunning. And just as you'd guess, boys being boys, we discuss ALL body features (hair, waist size, boob size and shape, legs, ass, etc.) And without fail they claim to be super picky.

They list off their "must-haves" and how they could not and would not have a relationship with a girl with too-big of boobs, too much padding, too small of boobs, too big of ass and so on. They go on and on about their fascination with blonds, Latinas or redheads, whatever quality you name it, dress style, etc.

It means nothing.

They are ALL talk.

Because the girlfriends they end up with don't match their so-called "must-haves" list.

What my friends want and what all men want are women who make us feel special and much better about our lives with her in it.

To do that she needs these qualities...

He Likes the Girl with These Qualities

Here we look at the important qualities to him that would separate you from the rest enough to want to date you and be your boyfriend. In the next section we will look at the desirable traits that most men seek in marriage.

To make these next sections more interesting I decided to apply a subjective grading scale from 1 – 10 (10 is the most important to us).

Gives Us Personal Space [9]

Us men need time to ourselves and time to decompress. That's the whole purpose behind man caves. Whether to watch the ballgame with friends or just time alone. We value our time together with our female partners but the time away from the relationship allows us to recharge our batteries. This is a very important aspect of relationships for us. Without it we feel trapped.

Takes Interest and Appreciates SOME of Our Passions and Hobbies [6-7]

Not all of them, but learn about our favorite team and root for them (unless they play yours), watch one of our favorite action movies with us (or whatever genre we like), take a genuine interest in our favorite foods and beverages. It shows you that you take an active interest in the things that we enjoy. You make us feel unique and special to you because you want to connect with us by understanding who we are.

Embraces Spontaneity and Fun, Can Break Routine [6-7]

Everyone wants to have fun, but some naturally act more spontaneously than others. Fun can be planned ahead of time, but spontaneity can immediately relieve tension and stress. That's a big win in many guys' eyes who sometimes need to drop everything they are doing to break free from the normal, everyday, mundane routines. I'm sure you feel the same way.

Points Out His Uniqueness and Makes Him Feel Special for It [10]

I'd say very little from this list illustrates the woman who gets and understands men more than this one point. We want to feel like you have chosen us over all other men. Nothing makes us feel uniquely special to you than when we point out specific qualities you like about us. Think **physical** or **character** traits that we would feel proud about ourselves such as our smile or laugh and specifically what you like about them. Then explain how they make you feel.

- A girl I met at a club once admitted to me after we went on a date that she had been checking me out before I approached her. On the date she paid me one of my favorite compliments I've received: *"I couldn't stop looking at your eyes as you smiled. They looked like bright sparkling diamonds."* It was the extra touch of comparing my eyes to diamonds that made the compliment memorable.

On a much deeper level, however, to make an even deeper connection point out the traits you like that led to his accomplishments.

By openly validating his talents and the characteristics that led to his successes you will make him feel special for noticing them. We feel a unique bond to those who notice the qualities that most do not see. It's these qualities that give us our identity.

- A girl I met and fell "head over heels for" just seemed to naturally understand men's needs. She could rattle off one compliment after the other with me like no other girl I had met. That girl flat out owned me. If it had not been for her returning home from an internship and getting back with an old boyfriend we still may be together. The one compliment she paid me that stuck out seems very simple, but proved extremely effective. She was very open about her

fondness of my ability to learn a foreign language fluently. And that happens to be one of my most proud accomplishments. She'd ask me to talk dirty to her in the language (*wink).

Ask Him for Help/Favors [9]

We want to feel useful and needed. Our way of feeling this way is to fix things or help you. We want to solve some problems for you, even if you know how to, but especially in the areas that you do not have expertise. Maybe your man's a techie, perhaps he loves to cook or knows a thing or two about writing resumes. Whatever his talent or skills are let him help you. If you refuse help from your man or never ask for it then he WILL feel unnecessary in your life. I can promise you that if you miss out on this aspect your relationship will NOT function properly. This one is HUGE!

Femininity/Charming in Ladylike Way [7]

Attractive personality traits men want in women often have to do with her soft mannerisms, graceful walk and body language, soft tone of voice and the way she presents herself. We like decisive, strong women, but ladylike. When you hear a man say he likes women in a dress, heels and with red lipstick most really mean they want someone distinctly feminine, the opposite of who they are. We don't want a rough woman, that would remind us manly characteristics. Which is a BIG turn off.

Flexible/Open-Minded to Our Ideas Too [9]

Whether woman or man, if you need to be right for the sake of being right then the relationship will rock like a boat. You have your way of seeing and doing things and we have ours. Both must share their opinions and listen intently to the other for the relationship to work. You want to be heard, so do we.

Supportive of Our Careers, Interests, Friends [8-9]

Don't tell a man how to be a man. We have our lives to live and we want to choose what field to work in. Don't understand why we want to DJ on the side or play basketball with the guys past 30 then sorry, deal with it. Believe me, men don't care what career you choose nor what you do with your friends. Give us some slack too.

Calm and Reserved Under Pressure [8]

When life gets in the way and all seems to go to hell for us (job, finances, kids, etc.) will you keep your cool? We want a woman who handles problems on a case-by-case basis- not jump to conclusions and assume everything else will fall apart now and drive us insane.

Compliments Our Physical Aspects [7-8]

We know we don't have perfect bodies or looks, but please make us feel good about who we are just like you expect from us. Tell us how cute we look today, how you like our hair a certain way or which color of shirt looks best on us. Please make us feel like you're paying attention to our looks too. Even saying something like, *"Wow, I didn't realize how strong you were,"* after he moves a piece of furniture to another part of the room.

Laughs at Our Sense of Humor [8]

We don't expect you to ask us to enter the next stand-up comedy open mic contest, but laugh at our attempts at humor. Pretend to at least. When you don't laugh or smile around us we feel like we bore you. We want to feel like we make you happy and enjoy our company. NOTHING makes us happier then when we make you smile or say something that entertains you.

Likes Us for Who We Are [10]

You have many choices of guys to choose from, but you chose us despite our quiriness and stupid remarks. Life beats us up enough, we don't want you to join in. When you make us feel like the only guy in your life and who we are is good enough then we feel like the luckiest person in the world.

You can't trade these attractive personality traits men want for anything.

The feelings we get when you make us feel special are worth gold.

These qualities make her beautiful in our eyes. Without them she disappears in the crowd with the rest.

But for us to want to commit to a woman for marriage we desire qualities that will last and allow us to continue to feel connected for a long time.

That's why the above qualities are essential to like you and date you for a while...

...BUT He ONLY LOVES a Girl Who Has These

Keep in mind you'd want to keep practicing the points from the previous list and without them you would never get to this next one. The difference is that you may not encounter experiences as boyfriend and girlfriend that would allow for you to perform the roles or activities in the next list.

Marriage is awesome but faces on-going challenges that without an impenetrable, bond between husband and wife can turn you against one another fast.

A boyfriend and girlfriend do not feel the pressure of marriage because they have not fully committed yet. You each have "one foot in and one foot out" so to speak. You both are still evaluating each other to see if each passes their marriage test.

They pass each other's test when they both feel like they share unconditional love for one another.

Makes Him Feel Like He's "the One" for You [10]

We need to feel like we are "the One" for you and you for us. A true team. We want you to shout out to the world that we are the guy you choose over ALL other guys. Old boyfriends are ancient history, gone and forgotten. No matter how many other guys flirt with or take a shot at grabbing your attention you don't even notice because you now have made it clear that your search is officially over.

A returning theme with us men is our nature to compete with other men and win. So, yes, we want to feel like we beat all other men to win your heart. Just like you want to feel like we only have eyes for you.

He Feels Like Your Protector and Provider [8]

It's also engrained in our DNA to protect and provide for you. Yes, of course, that doesn't have to be taken literally to mean that we will pull out our shields and swords and to slay fire-breathing dragons or challenge a cat-calling man to a duel, but instead in the little things. If we offer you our coat to protect you from the cold, take it. If we ask permission to lift something for you, repair something or solve any problem for you allow us to.

Again, I know, this is a reoccurring point, but important one. We want to feel useful to you. This is how we validate our worth as men. You probably validate with words of affirmation and quality time spent with you, which you deserve, but we NEED to feel like we are expressing our masculinity (at least sometimes for darn sake)! This by all means does NOT mean that we think that you cannot take care of yourself. Please do not interpret this as us saying that we are showing pity for you.

To summarize, let him feel like a man from time to time.

*In the next section, we will look at how allowing him to express himself as a man can help you negotiate what you want. It's one of those "male mind hack" secrets.

You Stand Up for Him and Respect Him [8]

If you do not have our backs when things get tough then we will feel like failures to you and all alone. You may need to stick up for him to your family. And there will be times that he is not right. As long as his intentions are good for the betterment of the relationship and his actions or choices do not cause it detriment then allow him to learn on his own. He needs the confidence to work towards success, but the freedom to fail and learn from it. The last thing you want is for him to second-guess himself.

Effective Conflict Resolution Skills [10]

We won't always agree, in fact, we'll flat out bump heads at times. In the end we both need to work it out. There's no room for stubbornness or blame. We want to

feel like in the end we can always come to agreement, not be thrown under the bus. I have seen and also personally experienced women getting used to getting their way with their man by borderline bullying him with routine immature behavior (shouting and raising her voice until he quiets down, literally running away, throwing things, plugging her ears, etc.).

You Are a Cheerful Supporter in His Successes... [7]

Finding success feels sweeter when you have someone to share it with. It validates their achievement. When you celebrate his successes with him he associates you with his achievement. Sometimes doubt will set in and he needs you to cheer him on and give him that extra push to give a little bit more. He needs you to believe in him and want him to succeed. This comes without jealousy and full support. There will even come times when he may not believe in his own abilities but you can see something about him that even he cannot see. By sharing your vision of what he can accomplish even when he doubts himself he will seek to win for both of you, not just for himself.

- The old boxing movie classic Rocky II illustrates this when underdog boxer Rocky was torn between ending his training for the championship rematch bout in order to tend to his bed-ridden, pregnant wife. While visiting her in the hospital and just as he was about to reveal to her his decision to resign from the match she told him the only thing she wanted him to do, which was for him win the match. And win he did and became champion.

...and are Empathetic and Sympathetic in His Challenging Moments [10]

Will you beat us down when things do not go like we had hoped or will you understand and support us? Too many women play the tough love card. We don't need that. If you think he does, what you do not realize is that he resents it. **It WILL come back to haunt you one day**. I promise. You are basically telling him (and ALL his friends who witness it) that he is not a real man. This, as you can imagine, is a MAJOR blow to our self-esteem. You are NOT his personal life coach.

Typically, we hide our deepest feelings, especially with our women. We fear disappointing her because we do not want to lose her. But we will not win in all our endeavors. We will absolutely make mistakes AND so will you. The last thing he

needs is for you to belittle and berate him for making mistakes. You may feel like this will spark a response in him to get better and stronger. It will not. You can't tell him what he already knows. It will have a reverse effect. He will start to hide his feelings from you.

- I'll never forget the time a lady was cutting my hair at a local salon. She shared how her husband's friend had attempted to invest money into a business venture to help make money for his family, but failed and lost most of it. The hair dresser went onto explain that if her husband had done the same thing that she would have left him. *What ever happened to being a team player?* This kind of woman most high self-worth men would steer clear of.

Sexual Validation [10]

The biggest turn on for your man is that he feels that he turns you on. That you cannot get enough of him. He wants to feel that you are fully satisfied. Now whether he needs to improve is for another book. The point is that in order for him to feel secure that you want him and only him and that you will not feel sexually unsatisfied and think about sex with another man, he NEEDS to feel like he is good enough in bed. One of the scariest things for men is to feel like he lost his woman to another man because he pleased her more sexually.

- This one point can crush a man's soul and self-esteem. I receive emails from men from time to time regarding their cheating wives finding sexual satisfaction in other men. Men obsess over this because we are brought up to compete and win. And feeling like a failure in bed is our #1 worst nightmare failure. It rips our manhood from us.

This entire book has shared insight deep into the male mind so you can understand how to improve your chances of connecting with men on a deeper emotional level both during the pre-dating phases of relationships as well as after you begin one.

In this last and final part, we look at how men prefer you to speak with them so that you can get what you want while letting him get what he wants.

How to Get What You Want...While Making Him Think He Wants It Too

The Art of How to Save Him Face and Let Him Lead

Us men have fragile egos and one of the reasons for that is we get self-worth through our need to feel **knowledgeable, competent, skilled, strong**- basically any adjective that makes us feel like winners.

We do not want to be doubted by our girlfriends or wives because it makes us feel like failures and useless.

Feeling useless or incapable around you damages our self-esteem.

Whether this is right, wrong or indifferent, if you do not respect this principle then you risk starting unnecessary arguments. This happens because he will interpret your request as nagging him, complaining or doubting that he knows what he is doing.

Instead it is in your best interest to ask for what you want in a way that shows him that you respect his competence or whatever “egg shell” quality of his you might step on.

Each situation will differ.

I’ve seen many women master this skill. They get what they want while stroking his ego. This does not mean make up lies or to disrespect yourself. It just means to act diplomatically. Or another way to put it, with TLC (tender love and care).

It will not always work if he has a deep core reason not to want to oblige your request or perhaps he is just in a bad mood or chalk it up to bad timing.

But let’s look at some examples that generally will work.

How to Use TLC to Get What You Want

- **To Do a Chore Around the Home**

“I tried lifting the garbage to take it to the curb, but it is very heavy. Could you help me with it I am afraid to hurt my back?”

This phraseology will likely ignite his need to feel like your hero to protect you from getting hurt despite hating to take out the garbage.

- **To Fix Something Around the Home**

You: *“There’s something important I would like to get done and I think you might be the best person to ask.”*

Him: “What is it?”

You: *“The closet door in the den is having trouble closing and I know how good of a job you did with the window a few months ago. Could you please take a look at it? I think you could do as good of job as my brother (her brother is a professional handyman)?*

He will likely feel honored that you entrust him to do the same quality work as his brother who does jobs like this for a living. Plus, he will appreciate that you asked for his help and came to him first.

- **To Get Alone Time with Him When He Plans to Go Out with His Friends**

You: *“You know what one of my favorite memories is with you?”*

Him: “No, what?”

You: *“When you took me to the theater to see the (insert whatever Broadway show name here) downtown on our second date. You made me feel like such a lady. I loved how you held my hand and how I dressed in my fancy white*

dress and you looked like such a gentleman in your new black suit. It was so romantic.”

Him: “Yes, I really enjoyed that night.”

You: “I would love to relive that moment with you. So, I would adore the chance for you to take me to see (insert whatever Broadway show name here). I’ve been wanting to see it for a long time and it’s coming here on September 8th. Regretfully that is one of your card nights with your friends. Considering you would enjoy taking me to the show, how likely do you think you could ask your friends to move card night to another weekend or day?”

You handled it with care and summoned his need to feel like a gentleman and a man who can make his woman happy. At the same time, you acknowledged his desire to play cards with his friends and did not ask him to cancel, but rather attempted to reschedule it. Plus, you placed the emphasis on asking his friends instead of going straight for the reschedule. He likely will want to please you and not want to disappoint you since this is a rare event that does not come often and something that you have wanted to see for a while.

- **Ask for Help with Something Time-Consuming that He Is Good at But You Are Not**

You: “I am really frustrated with something and I am tired of wasting my time, but I think you could help me.”

Him: “Yes, what is it honey?”

You: “I keep losing time running around the grocery store looking for things we need because I do not have an organized shopping list. Plus, I keep forgetting to buy certain items. You are very good with spreadsheets. Could you please create a shopping list for me? I will make your favorite (insert the name of his favorite dish) tomorrow night?”

You appeal to his sense of pride in a skill that he is good at. And you once again summon his need to feel useful by helping you solve a problem. On top of it all

you offer to do something for him which also shows you pay attention to the things he likes.

- **To Receive Romantic Attention Again**

You: *"I've been thinking about something and it's making me concerned."*

Him: "What is it dear?"

You: *"I'm afraid that you might be losing interest in this relationship."*

Him: "Wow! I did not see that coming. Why would you say that?"

You: *"One of the things I cherished most when we first started dating were the little romantic things you did to surprise me like the small love notes you left on my windshield or the bouquet of flowers you would send me at work. But I feel stuck because I know how preoccupied you are at work with this new project and I don't want to get in the way."*

With this softer approach you appeal to his sense of need to feel romantic to his woman. We all fear failing to make our women feel adored. Instead of attacking his lack of attention and claiming he was selfish you decided to show understanding of this stressful new project. Plus, you got his attention by highlighting your concern of his possible disinterest. Furthermore, when you place emphasis on losing interest in the relationship rather than losing interest in you it keeps you position of power rather than sounding needy. He must do his part to support the health of the relationship, which sounds more confident.

All of the above examples could work for both married couples or boyfriend/girlfriend couples. Let's look at some examples that could work for you when you have not started dating yet.

Get What You Want with a Man in the Early Dating Stages

We've seen this method used earlier when meeting a man out somewhere in a real-life situation to get a date with him.

Once you know what men find pride in themselves about you can leverage that to knowledge to get what you want.

I probably shouldn't reveal this "male-mind hack", it makes me feel like a traitor, but I will anyway in the name of true love to help unite you and your dream man.

- **To Get a Second Date**

"Wow, I really had a fun time tonight. You really know how to show a girl a good time."

Us men like to feel good at having fun with women. It provides us a sense of security to win a lady's approval.

- **To Get a First Date**

You meet a guy in a coffee shop or let's say at a restaurant bar during happy hour after work. You begin discussing other bars and breweries that you both like and your mutual fondness of IPA craft beer. You then mention how you would like to try a particular bar he likes but no one you know likes IPA beer. You are hinting to him that you want him to invite you.

"I'd love to try that bar but none of my friends like IPA. So, I guess I am stuck."

Or...

"It sounds fun. I'd bet we'd have fun there. Maybe I'll see you there one day. I'm thinking about going this Saturday."

- **To Exchange Phone Numbers**

Again, you want to hint at wanting to go to a place with him that he brought up in conversation or that he showed interest in going to. But you also do not want to look over-eager, keep your high-value status.

“Hey, I plan on going to (name of bar, restaurant, museum, etc. that was brought up in conversation) in the next few weeks. Let’s exchange numbers so I can let you know when I am going then maybe you could make it too.”

You are already going anyway, so you are taking the lead and inviting him to meet up, but also implying that it is no big deal if he doesn’t go. This still gives you leverage and makes him chase a little.”

- **To Get Him to Call or Text You**

I very much like the idea of being specific about meeting up at a certain place that you’ve already discussed. It creates a smoother transition into making plans later. It eliminates awkwardness of figuring how to meet up because you both already talked about somewhere where you both have interest going. But if you prefer to put the ball in his court then you could take a similar approach to the previous techniques.

“You know, I’ve really been meaning to go there for a while and would like to go in the next few weeks. It sounds like I’d have fun going with you. Text or call me when you think you are going and I will look at schedule.”

You still maintain control by saying that you cannot guarantee that you could go. You also tell him that he qualifies for you as being someone who could be fun to hang out with.

- **To Get Him to Flirt Instead of Small Talk**

This will only work if he shows interest in you and asks you questions too. If he has a girlfriend, is married or has his eyes on a particular girl then it will be difficult to get a guy’s attention. Let’s say you are at a wine bar or wine tasting class and you’ve gone back and forth talking about wines or even wine country visits.

You: *“Alright, I’m going to give you one chance, and one chance only. If you could only choose one wine to drink for a month, what would it be?”*

Him: **“Pinot noir.”**

You: *“Fail! I guess this isn’t going to work out between us after all (grin and look him right in the eyes).”*

Keep things playful and make him chase. Imply that he has to earn your affection. And above all have fun with him because that is what we want. We want to leave life’s problems at the door and have fun with our women. Nothing is more fun to us than playful flirting.

Summary

Nothing is certain, especially when dealing with people in relationships. The one thing about people that is predictable is that people are unpredictable.

None of the techniques will work in EVERY situation because people are fickle. You could catch a guy at the wrong time, he’s just in a good mood and wants to be friendly but is not interested in you as a potential date or possibly he just got out of relationship and is not ready to date.

The important thing to remember is to GET OUT THERE. Get out of your house and enjoy your life.

Do the things you like to do, try new things and do them where there will be other guys around.

Some men will not be interested, but some will.

Either way you are having fun.

And when you SIMULTANEOUSLY put yourself in situations where you are having fun and meeting men YOU WILL FIND guys that you like who like you back.

At the same time please re-read the sections regarding distinguishing time-wasting men from the ones who want to commit and enhance your life.

It will NOT be obvious AT FIRST.

There is no way to distinguish Mr. Right from first glance. His job, how handsome he is, how good he is in bed, how good he is with his personal finances, his way of dressing, mannerisms, circle of friends and contacts, EVEN past relationship history will not MEAN AS MUCH as observing his behavior towards you over time and seeing how it makes you feel.

But more importantly will the COMPATIBILITY between you two allow the relationship to IMPROVE your life or cause FRICTION?

Contact Me

Please feel free to write me and share your thoughts on finding Mr. Right at orlando@infidelityfirstaidkit.com

And before you go I have another gift for you.

Bonus Gift

Questions and Answers: Understanding Men's Strange Behavior

- **"Can I find a guy who will really like me if I have a very busy career?"**

Yes, of course, but three things will dictate your success with finding him: 1) you are open to love and don't let your fears push men away; 2) create routines to put yourself into position to meet men; 3) combine meeting men in person through your routines with effective online dating. But this requires to learn

new strategies to lure more quality men dating online to contact you and less creeps.

- Read [\[Update Your Profile\] Funny Female Online Dating Profiles Examples](#)
- Read [10 Reasons You Lose Out on Meeting Your Next Boyfriend EVERY DAY!](#)

- **“I am not a model and am not outgoing. Do men want to date someone like me?”**

Yes, you'd be surprised just how many men PREFER introverted women and just how many men DO find you attractive regardless of how you see yourself. Sweet, thoughtful and a cute smile can beat outgoing. Many men are introverted too and want to meet women who make them feel more comfortable. There are many events and activities around town to meet other men who would fall over themselves to take you out. The problem is he will approach you unless you give him some sign, even the simplest of signs, that you want him to approach you.

- Read [Why Men Won't Approach Shy Women ... how to fix it](#)

- **“...But I don't know what to talk about when I go out on dates.”**

The topics you choose are less important than the feelings you both experience, specifically romantic ones which comes from acting playful from the things that are brought up in conversation.

- **"I'm divorced and have kids. Will a man want to date me?"**

Think about this, are there men also out there who are divorced and have kids? Yes, right? And in the end what men want is a woman who brings out the best in him and makes him feel comfortable being his natural self. That's why you must learn, implement and practice effective flirting techniques, which is nothing more than acting playful and attentive. You'd be surprised how even subtle flirting lures a man to create curiosity and attraction towards you. Men might say one thing, like I don't want to date a woman who has kids that live with her, but then do the contrary. They will meet you, who does not judge them, makes them feel good about their passions and personality traits (sense of humor, thoughtfulness, etc.) and shows genuine appreciation for spending time with you... and I PROMISE you he will melt. It happens to me. Do NOT

underestimate your power as a woman who can soothe a man's soul and reel him in.

- **"Men approach my friends and flirt with them. Why doesn't that happen to me?"**

Most likely because you do not send the signals that us men need to make us feel comfortable talking with you. Plus, you probably do not engage in enough interactions with men. Engagement is ALWAYS something simple. Even something as simple as, "Hi, that's a good-looking drink. What is it?" The easiest part is starting the conversation, but yet it is the thing most men and women alike fear doing. Someone's got to make a move, either invite him to with the right signs or initiate it yourself.

- Read [How to Meet Men Offline and Engage: 5 Conversation Starter Tips](#)
- Read [10 Ways Women Scare Men Away: How to Change It](#)

- **"Can you meet regular men online, not creeps?"**

Yes, but no matter what men you are not interested in will still contact you through online dating and in person. But there's good news. You can limit and decrease the amount of these men that do. For online dating it's by creating online dating profiles that alert the kind of guys you will like to reach out to you. Too many online dating profiles send the wrong signals or none at all, then your picture is all they look at. Some dating coaches provide solid and effective advice on how to craft profile descriptions and headlines that work. Many cases that is all people look at. Just like that's probably all you looked at to visit my site- my headlines.

- Read [\[Update Your Profile\] Funny Female Online Dating Profiles Examples](#)

- **"Why won't he respond to my texts?"**

Because they are boring or you just didn't make a big enough impression on him in person. Part of the success of text messages is how you interact in person. But either way I feel that many women do not understand the purpose and role of text messages. There is an art text flirting that must be learned, practiced then mastered. You must learn how to create curiosity, to tease, to get him thinking and wanting more. Learn how to get him to chase you with text messages.

- Read [10 Flirty Text Messages to Make Him Chase You](#)

- **"How do I respond to his boring one-word texts? He seems uninterested."**

It could mean that he is not interested but to find out for sure you need to change your strategy. You must send texts that make him think and get excited to find out more.

 - [Click here to Download 10 Flirty Responses to His Boring Text Messages to Turn Him On](#)

- **"Why do my relationships end so fast? I meet the perfect guy, but he loses interest quickly."**

Obviously, there are many potential reasons, but one most likely reason is that you were moving faster than he wanted to go. You were giving him too much too early without holding back and making him wait. We need to chase you a bit and wonder if you will want to keep seeing us. You should want us to qualify for your attention and affection before giving us too much. Essentially, we all desire to have things that we doubt we may be able to get. At least in the beginning you must build up tension by making him wait.

 - [Click here to Download by Dating Coach James Bauer "The Secret to Forward Momentum in Romantic Relationships"](#)

- **"I'm pretty and many men check me out. But why am I single? All my average-looking friends have relationships."**

You haven't found the right guy who likes you for who you are yet. Plus, you might be sending the signals that you are afraid to get close with a man. In other words, you come across stand-offish instead of vulnerable. The more physically attractive you are the more intimidating you look. They fear rejection. Many quality men just assume that you are out of their league. When they do muster up the courage to talk with you they get nervous and are too afraid of looking like a creep to you because they assume that the bigger, stronger, smarter, more financially well off or man with a big circle of friends is the only kind you would go for. You must make it easier for men to approach you and avoid quick judgement when they do.

- **"I meet lots of men online, get lots of dates, but I don't like any. What's wrong?"**

Your profile is attracting men that create romantic tension. If you want a man with a good sense of humor than your profile must reflect that. If you want to meet a spontaneous or adventurous man then your profile must lure those kinds of men in. Your strategy must change. Your profile reads like a laundry list of what you want and boring lists of traits that sound just like all the other profiles. You must learn to write them in a way that highlights your personality and turns men onto you just from reading them.

- Read [\[Update Your Profile\] Funny Female Online Dating Profiles Examples](#)