# the 3-STEP SEXTING Formula



...to Drive Your Man Wild

by Understanding Men Secrets
Newsletter

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# 3-Step Sexting Formula

"I had a dream last night and, um ... the most handsome guy I know ... put on quite the performance."

"Is that a fact? And who is this handsome guy?"

"Oh, you know who it is, he always keeps me distracted and thinking about him."

"Like for example, a few days ago, he was standing a couple of inches away and, um, I began to feel things inside I couldn't control."

"Oh, yeah? LOL Things like what?"

#### (Proceed to Step 2)

"well ... ever get a tingly feeling between your legs just by how good someone smells? Like that."

"Hmm, he must smell really good. What else does he do to you?"

"S\*\*\* lots of things... he just distracts me too much. I was doing fine all day, until I pictured him pinning me against the wall from behind."

"Say, you're close to a wall right now, right?"

"F\*\*\* I'm so turned on! How am supposed to work now?"

"Oh, s\*\*\*, one sec, where'd my bra go? I put it around here somewhere. Guess I'll just use my hands."

"S\*\*\*, I'm hard now!"

(Proceed to Step 3)

"LOL!"

"Hey cutie, when's the last time you saw a busty woman undress in front of her window? Hmm, maybe I should move away from mine until you get here..."

Did you see that?

Foreplay in action.

I want you to enjoy talking dirty with your man.

More importantly I want you to feel confident that the dirty text messages that you send him will work.

Just like when you're face-to-face you should tease him with foreplay to ease into the moment, I suggest you do the same when sexting.

It's more fun, more mysterious and stirs up sensuality effortlessly while looking natural.

"3-Step Sexting Formula" gives you a guide to follow to overpower your man's senses and get him to chase with just a handful of text messages.

Stop annoying him and send him texts that excite him and give him reason to look forward to looking at his phone.

Wouldn't you prefer that he see your spicy text messages as gifts?

#### **How Does the Formula Work?**

After you accomplish the objection of each step, you then pass to the next.

It may take 1-3 texts per step, but you're the driver and I will show you how to instantly barge forward from the get go to take control.

## Who "3-Step Sexting Formula" is Designed for?

Before we jump right into the techniques on how to sext your man and stir up so much emotional tension that he explodes like a volcano...

(I mean that figuratively, by the way, not that he ejaculates all over his mirror while sexting you. Well, maybe that too, ha, ha, ha.)

...that I clarify who this is for.

- For 18-years old and up.
- Open-minded women comfortable with their own sexuality. This is the X-rated version of flirty texts, not the PG or R. (If I see enough interest, I will create an XXX-rated version in the future).
- Primarily for women in relationships.
- You've already both decided to get intimate or have already done so.
- A relationship in which the man has already declared that he wants you for the long-haul.
- He loves you (or at least really likes you); he says it and he expresses why he needs you in his life for more than sex with BOTH actions and words

OR

Women who are fine with just having sex with a guy with whom they
are not in a relationship, but <u>ALSO</u> understand it <u>may NOT turn into a</u>
<u>relationship</u>

I do not want to put these male-mind hacking secrets into your hands if you do not fit any of these descriptions.

My biggest concern is the last description, when you might want a relationship with him.

I don't want you to risk that objectify you.

Because this makes him a flight risk.

I'm not saying that ALL men will disappear when you pre-maturely have sex with him before HE commits to a relationship.

However, it does increase the odds.

Us men can easily compartmentalize sex from a relationship EVEN when are intentions are good.

We may intend to date and seek the possibilities of a relationship but then get emotionally in over our heads and realize that we went too fast before making sure that she makes a good match both in chemistry and compatibility.

In our minds we could easily misinterpret your willingness for "pre-relationship" sex as your way of saying that you are fine with just having sex in the event that we did not EXPLICITLY agree on pursuing a relationship.

Of course, if you don't mind just getting laid then, by all means, continue reading.

But please do not get mad at me later if you decide you want more and he runs off.

Deal?

## **How to Use 3-Step Sexting Formula**

Go in order.

Do not skip steps.

I designed the sequence of steps to pent up his sexual desire and tension.

Do not move onto the next until you accomplish the objection of the step you have begun.

I suggest you study all the steps first before sending any texts.

Look at the examples in each step so that you can create your own.

Or if you like any of them then copy it for your own use.

I provide a few more **sample conversations** at the end of this eBook to give you a better idea how to put it all together.

Then read over all the steps again at least one more time before testing them out.

#### **ATTENTION:**

Do NOT overuse sexts or they can lose their luster.

Instead, send them sparingly.

Keep them special.

Make them fun and get creative with your flirting (you'll see how in a minute).

He should feel like he's receiving a special gift from you.

Unless he initiates them, of course.

If he does not respond the way you wanted do NOT ask him what is wrong.

This is one of fastest ways to annoy us men.

Just give him some space and try again another time.

He might not be used to you flirting over text, it could confuse him.

So, you may have to use some of my other techniques that I teach in this blog post of mine first: <u>ABCs of Irresistible Romantic Text Messages to Send Men</u>

Giving him space earns you a lot of points with him.

When we are not in the mood to talk or not in position to have a conversation we want to be left alone.

Pushiness and neediness when he flat out does not want to continue could have dire consequences later.

Take note of what kinds of texts that he tends to respond to.

Notice patterns of what he likes.

And if you're in a relationship and you NEVER sext or haven't in a long while then consider gaining access to <u>Texting the Romance Back</u> by relationship coach Michael Fiore.

**Plus**, if you'd like to add to your <u>mastering the skill of talking dirty</u> to your man then check <u>Language of Desire</u> (which has instructed thousands of women on how to seduce a man against his will).

If you have any questions contact me at Orlando@InfidelityFirstAidKit.com

## [Step 1] Grab His Attention

Don't waste too much time.

He could run out of time himself and then the conversation is over before you get to the good stuff.

Or he gets bored.

Every text message counts, especially the first one.

The sooner you can tease us and act playfully the higher the chances that you'll get his attention and get him in the mood to flirt.

So, don't waste time with too many, "Hello, how are you?" or "What are you doing?" texts because you're wasting opportunities.

And it can look clingy and needy to us.

While he might respond, he will not put his heart into to it and will only want the conversation to end so he can go back to what he was doing. If you're texting your boyfriend or husband, or even someone you've dated for a while, he will only respond out of obligation.

Is that what you want?

No, right?

Let's start with a type of text that will make him feel good and get him in the mood to receive the ones in **Step Two**.

Your **objective** is to get him to respond favorable.

Wait until he either asks you for more or how you feel.

At the minimum he should that he enjoys what you're saying.

#### **Directions**

Either 1) choose a compliment with the suggested tips or 2) say something mysterious, compelling or flirty that he cannot resist answering and wanting to see your reply.

## **Choose a Compliment (one of the following)**

I want you to be able to follow a formula so that it makes it easy to repeat.

With practice you will master the steps without even thinking about it.

Choose one of the two kinds of compliments and (then check out the examples).

#### A Recent Observation That Turned You On

- "Word of advice. Be careful walking around looking so fine with that tie on. Some girls just can't handle it."
- "Gulp! Sorry, I couldn't resist staring at your ass when you walked by. It made me think naughty things."
- "I kind of wish I hadn't helped you fix your collar. Sort of turned me on."

- "Maybe I shouldn't stare so much at you. Don't like sweating so much."
- "You've gotta stop getting so close. How do you expect a poor girl to walk when her knees are buckling?"
- "When you got two inches away ... um, something happened to me inside."
- "It's quite possible that a girl checked you out up and down when you bent over."
- "Did you notice me staring?"
- "Someone may have quite possibly nearly passed out when she smelled your manly cologne."
- "The way you lifted that heavy box like it was nothing might have turned me on just a bit."
- "When I glanced at those beautiful blue eyes today, I felt like I was mining for diamonds."

We don't mind you objectifying us.

In fact, we prefer it.

Subtle mentions of how he turned you on is sweeter in the beginning of a conversation.

He senses you're holding back and bottling up your feelings.

This gives him the challenge of wanting to "uncork" those trapped feelings.

This will help lead you into Step 2.

## A Trait or Quality You Admire (Physical or Emotional) about Him

- "How do you keep all the girls away with those stunning eyes?"
- "Honestly, do you realize how hot you are or are you just that silly?"
- "I try to resist looking at that smile, but you're just too much for me."
- "Stop thinking about me! It's turning me on."

- "If you only knew what happens "down there" when you're right next to me."
- "Do you have any idea the things that happen inside me when you get close? Ha, ha. You gotta stay away."
- "Why are you such a darling? I didn't know gentlemen still existed. Not hot ones at least."
- "I pride myself in controlling my feelings, but you make it nearly impossible."
- "I bet if they scanned us before entering a building, they'd probably find a weapon on you down there."
- "Should I feel ashamed of staring at your chiseled ass?"
- "How long did it take to sculpt those biceps?"
- "I think if I grazed your rock-hard ass, I'd break a finger."
- "Just saw your Instagram post. Yum! Thanks a lot. Now I can't focus on what I'm doing."

## **Flirty Questions**

One of the best methods I recommend to get a guy to chase is to ask a question or make a comment that creates mystery and curiosity in his mind.

Drop in a bit of flirting.

But hold back on the overtly which begins in **Step 2** and climaxes in **Step 3**. (Although I've added a few spicy ones here (a))

Make him want more and ask for the rest.

Promise a reward for his participation.

- "How did you ever get away with stealing girls' hearts like that?"
- "Wow, you did it again? Where did you learn to make a girl sweat so easily?"
- "You hear that? Put your head closer to my chest. Listen."

- "Wanna see a girl faint? Just do it again..."
- "How do you know how to get me so hot for you?"
- "If I made a secret confession to you, would you blush?" (He'll probably say, "That depends," to play along).
- "Question handsome. If I had a super dirty thought about you while at work, would you feel less of me?"
- "Question handsome. If I had a super dirty thought about you while at work, would you want to know what it was?"
- "Just wondering something. If I ever sent you a naughty pic would it offend you?"
- "Landing strip or clean slate?" (He can't help but visual this).
- "I've got a dilemma. Which color of sports bra should I put on: black or red?" (Which basically tells him your boobs are hanging out and he'll instantly get turned on).
- "Vibrator or dildo. Which should I go with?" (The thought of a woman stimulating herself over him is super-hot).
- "If we ever go putter golfing should I bring my own club or can I play with yours? Ha, ha." (Cute and super flirty at the same time).

#### **Flirty Comments**

- "Wow! Look at that. My puppy fits right between my cleavage." (Sounding innocent while cleverly turning him on is a form of art).
- "Aw, he's so cute. My chihuahua thinks my breast is a pillow."
- "Oh, looky what we have here. A purple vibrator. Guess I'll have to remove my..." (He'll get excited and ask you for more details).
- "You golf, right? Could you show me how to get one-in-the-hole, wait, or is it a hole-in-one? (Get (He'll be primed and ready to sext back).
- "Oh, wait, what happened to my bra? Pretty sure I put it around here somewhere."

- "Got it! S\*\*\* panties nearly dropped to the floor, caught 'em right at the ankles." (He won't resist the image of you bent over naked grabbing your panties).
- "There that should do it. Nipples were getting a little chapped." (Again, he'll visualize you gelling up your nipples and instantly get hard).
- "Great! Guess I got a make another run for batteries or else this thing is useless."
- "It sucks. I've got a problem and you're the only one who can fix it." (He won't resist asking what it is). "Stop hitting my hand with your ass!"
- (Send a meme with a sign: "No Loaded Weapons Permitted Inside")
   Then text, "I put this sign on my ass, but I'd consider taking it down for you."
- "I had a dream last night and, um ... the most handsome guy I know ... put on quite the performance."
- "Guess what part of you is my favorite..."
- "I was doing fine, until I thought about something you did. Then I started to sweat."
- "Guess the biggest way a guy turns on a girl. Hint: you did it today."
- "Guess what the easiest way to get a girl to sexually desire a guy is."
- "You've got to stop doing that thing that turns me on so much. S\*\*\*! It drives me wild."
- "No guy can do to me what you do. It's so frustrating. I lose complete control."

Feel free to send two or even three texts from this step.

But do not move to **Step 2** until he begins to engage with you in the conversation and shows signs that he likes it.

From here it gets better.

Let's heat things up.

## [Step 2] Explicitly Describe How He Makes You Feel

...refer to the text(s) you sent from **Step One** 

Now we will intensify the sexual tension and turn up the flirting dial up a notch.

Express in a naughty way how he makes you feel.

The easiest way to do this is to simply play off the texts from **Step One**.

You may have already expressed how he makes you feel in **Step One**.

So, this time just dig deeper- get more detailed.

Do NOT allow his reply to change the flow of the conversation.

You must be the one who guides.

After **Step Three** he probably will be motivated to take over.

Let him.

Therefore, briefly answer his reply now if it seems like the conversation is getting off course and then move onto the text in this step.

If it gets intense while still in **Step One** then you can skip to Step Three if things move quickly and discussing how he makes you feel would disrupt the flow of the conversation.

#### Choose one of the following (check out the examples):

## **Express the Emotional Reaction that You Feel**

We want to feel like we turn you on.

That is the sexiest part of sex and seduction.

- "...looking at you triggers fantasies I haven't dreamed in a while."
- "I hate when a guy can get me so hot like that. I guess I just can't resist you."

- "How do you know how to turn me on so much?"
- "Well, believe me. I try to resist. Maybe I just need to stay away from you. Ha, ha." (He'll beg you to keep going).
- "I was fine all day. Now I can't stop picturing you pinning me against a wall. Where's the nearest one?"
- "Damn! There it goes again. My hearts pounding. You're too much. Gotta go."
- "No matter how much I wanna stop thinking about touching your chest I just can't. I want it so bad."
- "Damn! I want it so bad right now." (He'll ask you what it is that you want).
- "I can't get that image outta my head. My heart's gonna explode."
- "Well, let's just say I like to drive stick, not automatic."
- "After I fantasized about you again, I had to run to the bathroom to "clean up". Thanks a lot."
- "Your smile is just too much for me. I have to look away sometimes. I feel too tempted..."
- "You've got to stop touching me like that the night before a work day. I struggle to focus on my job."

## **Express the Physical Reaction You Feel**

- "...don't get too turned on... damn I shouldn't admit this...but I actually felt a trickle down there... ha, ha."
- "...f\*\*\* I can't believe I actually felt tingles in a certain part of my body just by hearing your voice..."
- "I normally could control my hormones around men but I guess you're different."
- "...ever feel a tingle between your legs just by how good someone smells?"
- "...pity you're not here to feel 'em."

- "...think I'll just imagine your hand right about... there. Ah, that feels nice." (Imaginary fantasizing is a super-seductive way to sext).
- "F\*\*\*! Getting wet again thinking about you."
- "Well, I hope this isn't TMI but I may have dreamed of feeling it pulsate inside me a few times."
- "I've never experienced an earthquake but my legs will if you keep talking like that."
- "Damn this got hot fast. Now I might need to find a way to release this built up tension." (He'll beg you to keep going).
- "Damn I got turned on fast. How'd you do that?"

## **Challenge Him with Flirty Teases**

- "What's the matter? Afraid of getting a little wet? I promise to take it easy on you."
- "What's wrong never had your ass grabbed at work? You're lucky I didn't do what I really wanted then. Ha, ha."
- "I mean. You don't mind me touching myself while we text, do you?
- "I'd video chat, but all my clothes are in the wash."
- "Hey, you naughty boy. There's kids around."
- "Damn, I'm spread so wide I think you could dive in."
- "Woosh! And off comes the bra. Bet you'd like to see."
- "Honey, don't get jealous of my dog. He just thinks they're toys. He doesn't know milk might come out."
- "This sucks! No matter how much I try to resist you, I just can't seem to stop thinking about how I feel when close to you. What do you suggest I do handsome?"
- "You know if you keep acting naughty like that, Santa isn't gonna bring you any gifts this Christmas. But I might have a couple "toys" I'd like to test on you. Ha, ha."

• "If I admitted I'm bra-less while we texted you wouldn't mind, would you? It's just hot in here. How about pantiles?"

Now let's really pour it on.

Either ask for what you want or suggest it.

Make him explode.

## [Step 3] Offer a Sexual Invitation

Depending how confident and fearless you feel either express what you would like to happen in person with him or give him the "green light" to make a move.

## "If I (x) would you (y)."

- "If I appeared at your door in nothing but a black G-string, would you burst?"
- "If my hand appeared on your thigh while driving, would you act like a devil or saint?"
- "If I rubbed your knee while driving would you push it closer?"
- "If it were 4<sup>th</sup> and long, would you run your hand straight down the middle or up the seams?" (American football reference- he'd laugh and get turned on).
- "If you were on second and I shot your ball down the line, would you bring it home?" (Baseball reference- he'd laugh and get turned on).

## **Dirty Command/Request**

- "You dirty little boy. Yum. Keep going..."
- "Don't stop now handsome, I'm just getting warmed up... (and moist)."
- "You're so smart. Now I wanna stroke your genius."
- "Oh, damn, this is getting hot. Just one... more... flick... I'm gonna cu.."
- "Stop now and I'll kill you. Think I'm gonna cu..."
- "Take a guess at what I just took off. Your turn."

- "You'd make a bad bowler honey. Do better. I don't just want your mind in my gutter... I want your balls. LOL"
- "This just got good. Now show me what you got you naughty boy."
- "Straight up truth. If we were stuck in an elevator right now would you rub me out until I came. Oh, did I say too much?"
- "Damn! I'm so close again. You're so good."
- "You know one of my favorite things to do at school was "Show-and-Tell". Maybe you could come over and <u>tell</u> me something... then I'll <u>show</u> you something... yum!"
- "S\*\*\*, so close... this vibrator's good... but... um ... doesn't...beat... the real thing... one more...oooooooooh!"
- "Umm, Mister, don't you think it's about time you took your pants off and joined the fun with me on video chat?"

## **Seductive Suggestion**

Clever way to come off sounding innocent and aloof while getting nasty at the same time.

Tease him and urge him to take a turn or to take over.

- "If you cuddled on this couch with me, I wouldn't object..."
- "You wouldn't mind if I wore nothing but panties the next time we watched a movie on the couch, would you?"
- "Well, if I had my way, I'd ... hmm, I don't want to say, I'd lose control. Never mind."
- "When's the last time you saw a voluptuous woman undressing in front of her window? Hmm, I guess I'd better move away from mine then until you get here..."
- "When's the last time you rubbed a girl's clit while in the car? .... Wanna go for a drive?"
- "My vibrator battery died. Wanna help me out with something?"

- "Umm, wanna watch?"
- "So, when are you going to let me give you a demonstration with my vibrator?"
- "You know my mom always said I was teacher's pet. Maybe you could come over and teach me something."
- "Ooh, this sure got interesting fast. Not sure if I can handle you, you dirty boy. I might even cum."

## **Best Scenarios for Sexting**

Who doesn't like surprises?

We all do.

That's one reason I recommend surprising him when he least expects it.

Here are parameters of situations to consider:

- Celebrations. The feeling of winning evokes euphoria, which makes you feel invincible and living it up a little. Why not celebrate some more with sex?
- When sexual talk conflicts with what's going on around him, like at church or visiting his mom or grandma (ha, ha). He'll want to burst.
- When responding would embarrass him. Like when he's hanging out
  with other people and cannot respond without smirking. It's sexy when
  you feel that conflict of trying to keep your cool while simultaneously
  wanting to burst inside.
- When the situation will not even allow you the luxury of paying attention to your phone. Sure, he can glance at your text about walking around the house bra-less or stroking yourself spread-eagle on the bed while watching porn, but he can't do much else besides pop a boner.
- While time's limited and he's in a rush, like when super busy at work or about to enter an important meeting.

 When safety prohibits him, like while he's driving or hanging on for dear-life on the subway.

Increase his sexual tension by teasing him, just like you would in the actual sexual act.

Inhibit his ability to release that pent-up tension by choosing moments that put constraints on him.

## **Sample Conversation**

...and what to do if he seems inattentive or disinterested.

#### **Flirty Question**

## Sexting Conversation Example #1

"I've got a problem. Maybe you could help. About to go jogging around the neighborhood."

"Yeah, what is it babe?"

"Need your opinion..."

"Which color of sports bra should I put on: black or red? And hurry up my boobs are getting cold. Pretty sure the neighbors don't want to see me trot around with my bare boobs hanging out."

"Ha! Yum! Black. You're always hot in black."

"True but they'd look hotter with your hands cupping them from behind while fondling my nipples, don't you think? Actually, fondling them sounds like a good idea before leaving the house."

"Damn honey. I'm turned on but at work so I can't talk long."

"Well, someone's got to tickle these titties now. You do it so good but I'll just have to figure something out until you get here tonight."

"F\*\*\* why do you have to tease me like that?"

"What's the matter? Don't want to picture me fondling myself while working? Ha, ha?"

"Ha, ha. Oh yeah, just can't do anything about it now."

"OK. I'll let you go. Just one more thing before I do..."

"Yeah, what is it?"

"Wanna watch a video of me groping myself on your lunch break?"

#### Why Does this Sext Conversation Work?

It creates visuals.

When he has no choice but to picture what you describe he'll get turned on pretty fast.

And there's something just super-hot to us about our women touching themselves.

When you describe how you're going to play with your nipples he plays that like a live stream in his mind.

Of course, this only works if you're comfortable touching yourself.

## **Flirty Comment**

Sexting Conversation Example #2

"Got it! S\*\*\* panties nearly dropped to the floor, caught 'em right at the ankles. Just got out of the shower."

"Whoa! Thanks for the image."

"Oh, would you like one sweetie? Video or pic?"

"Ha, whichever you choose?"

"POV or from behind?"

"From below."

"Hmm. Sure, that's not too hot for you? I mean I wouldn't want you to have to go rub one out in the bathroom during lunch break."

"I guess I'll just have to wait to take care of business until I get home/get over to your place."

"Business, huh? You mean you'll give me a tip? So, sweet of you."

"Oh, I'll give you a tip. Ha, ha."

"The video is on it's on the way."

#### Why Does this Sext Conversation Work?

Once again because of the visuals she creates.

She frames the image of what he sees in his mind when she describes how she catches the "panties at the ankles".

And does so in a seemingly innocent way as if she's just commenting on what something she just did.

Notice too that she skipped **Step Two** where she'd describe how he makes her feel because things got intense quickly, she didn't need to.

Remember the objective is to get him to engage and enjoy the conversation.

Since he did so quickly, she went straight for the seductive suggestion.

## **Emotional Compliment Turned Naughty**

#### **Sexting Conversation Example #3**

"I pride myself in controlling my feelings, but, hmm, you make it impossible."

"Oh, yeah? What do I do?"

"Well, do you have any idea the things that happen inside me when you get close? Maybe you should stay away. Ha, ha."

"Yeah? Like what?"

"For one, your smile and piercing eyes. They're too much for me. I have to look away sometimes. I feel too tempted... to ... hmm... ""

"Tempted, eh? To grab me and make out?"

"Well, yeah, but that's the G-rated version of what I had in mind. Ha, ha."

"G-version, huh? Would love to hear the not-so-G-version."

"I bet you would. Well, I hope this isn't TMI but I may have dreamed of feeling you pulsating inside me a few times lately."

"Hmm, I might be able to arrange that."

"If you keep acting naughty like that buddy, Santa isn't gonna bring you any gifts this Christmas. I might bring you a couple of "toys" for bad behavior. Ha, ha."

"Ooh, maybe I should keep acting bad."

"Maybe you should. You know my mom always said I was teacher's pet. Maybe you could come over and teach me something."

## Why Does this Sext Conversation Work?

It makes him feel like a sex god.

He wants to feel like he dominates her.

She gives him the "green light" to do so.

Then she guides him to the end where she drops in the Dirty Request by teasing him every step of the way.

This is an ideal sext conversation where you play back-and-forth with your men.

Notice how fast the conversation went from somewhat innocent in the opening text to full-on sext.

Of course, these above examples take into assumption that he will respond.

What happens when he doesn't?

He legitimately may not be able to look at his phone, or it may be charging.

Or he flat out may not be in position to reply.

Plus, remember what I suggested at the beginning of this eBook, that you should only try these under the right circumstances.

Please do not try these if you are in a relationship that has been completely void of dirty flirting for a while. Instead, warm things up with the lessons taught in **Text the Romance Back** by Michael Fiore.

I highly recommend it. It's one of my all-time favorite texting guides.

But let's forget about why he hasn't responded and save you some face while maintaining your dignity and still staying on the offensive, and not acting defensive or worse, insecure.

What can you do?

## How to Handle When You Initiate A Sext Conversation and He Does Not Respond

(a sample conversation of how to "pull the rug" when he's inattentive- he might actually be busy or not in position to play along- give possible scenarios)

You clear the sweat from your brow.

Sit up straight.

And hit "send".

Finally, you muster up the courage to start sexting with him.

Except it doesn't go as planned.

A few minutes tick by.

Nothing.

A few more turns into an hour and an hour turns into all day.

What does this mean?

It could mean a lot of things and if you have read enough of my advice then you know to only concern yourself with patterns.

One time.

No big deal.

A consistent "no show".

Something's adrift.

Of course, if you're in a committed relationship then most likely he just couldn't answer.

Either way you need to do one important thing if he doesn't respond.

Protect your confidence and dignity at all costs.

Give him at least a few hours and you really need the closure to the conversation then end it with a funny way with something like:

- "Welp, guess the cat's got your tongue."
- "Guess you don't wanna come out and play. Later."
- "No big deal if you don't want to play. Peace."

Or just don't say anything else.

Don't look mad or disappointed, just indifferent.

Then move on.

Do not text again.

The key here is to show him that his lack of response didn't affect you.

There are a couple of things that you absolutely do NOT want to do when the text conversation does not go as you had wished.

#### 1) The WORST Thing to Do

The worst thing to ever do with a guy when the text conversation goes dead is to show that it upset you.

I realize that goes against what you actually feel.

I mean, "How dare he, right?"

Screaming at him at the top of your lungs, maybe a boot to the nuts and a crisp smack on the chin sounds more reasonable.

This only validates his actions and strengthens his position.

Showing that he disappointed you only cedes the power over to him.

Meaning, you'd be chasing him- not the other way around.

Don't cede the power to him.

You risk it turning into a routine.

And in the case, he had a legitimate reason, this still is the right action to take.

#### 2) Ask Him What's Wrong

A lot of women have done this with me.

It looks clingy.

I can just picture her sitting with legs crossed on her bed staring at the phone waiting for me to respond.

Again, show him it doesn't bother you.

You're a tough girl, with iron-plated armor for skin.

That's how I want you to think.

And if you can't, then at least fake it.

If it's important for you to get closure then do it.

But WITHOUT sarcasm.

I still remember how it felt when girls YEARS AGO tried to blow off steam and made some snappy remark to get back at me for not responding in the way she wanted.

I'm not going to lie.

It felt good.

Because they validated that they were chasing me.

Most regular non-dick guys do not want to hurt a girl's feelings but they still relish in the moment of the girl chasing him from time-to-time.

It sure beats one more time being rejected.

## What About If He Does Respond But He's Just Not Into It?

Then this is essentially the same thing.

It still results in the same shitty feeling of rejection.

You put yourself out there by going halfway, and he barely stuck his neck out.

End the conversation in a non-sarcastic way.

And I recommend not to keep texting even if he has a sudden change of heart.

Do not reward treatment that you do not want, even if he is not acting like a total dick.

Train him to treat you right.

Trust me, I'm a guy.

Let it slide and it sets the precedent in his mind.

He'll begin to look for excuses.

Once again, find closure if you need to just do it in a respectful way.

Basically, what you're doing is asking for a "raincheck".

#### Here are a few examples of what you could say to end the conversation:

- "Listen, you sound a little distracted. It's ok. I gotta run anyway. Later"
- "Sounds like you got stuff going on. It's ok. I'm gonna run. Later."
- "It's ok if you don't want to play along. But I'm gonna get going. Later."

Not sad, happy, mad or pissed off, just indifferent.

And again, whatever you do, do NOT rebuke him.

He will not appreciate nor respect the bossy attitude.

It sounds counter-intuitive, but it gives him the edge.

Do not do that.

Instead give him space and a chance to make it up to you later.

It's likely he'll sense that he hurt your feelings and try to re-start the conversation with you.

Or that he will give you a sob story in an attempt to make you feel guilty for wanting to leave.

Don't do it.

Don't fall for it.

Make him think carefully how he chooses his words.

Set the expectation now.

If he's not in the mood to talk then he must man up and just say it.

Not responding to your advance is the same as rejection.

And remember this is coming from a man.

I hope you find my "3-Step Sexting Formula" useful.

Keep an eye out for more insightful tips to understand us men in dating and relationships (both long-term and just starting out).

For any questions please email me at Orlando@InfidelityFirstAidKit.com