

[ANSWERS] Part I “Should You Make the First Move on a Guy?”

First of all, let’s clarify one thing.

What Do I Mean by the “First Move”?

Don’t worry.

I don’t mean that you have to drop a “pick up line” on him.

No.

Most of the time, a first move for a woman should be something that, as I like to call it in my emails, when you give a guy the **“green light”**.

A **“green light”** just means you send him a signal that you approve of him, tell him that you find him attractive and that you want him to proceed.

As men we have dealt with a lot of rejection throughout our lives.

So, when a woman communicates that she has singled us out as someone attractive that she wants to talk with then we find it quite attractive.

This makes us feel that you a woman has found something unique that stands out to her.

I can’t stress to you how good this feels.

We will discuss ways of how you can send this **“green light”** signal.

Some of those techniques do include when you actually say something or do something (example: body language) to get a man's attention and turn him on.

Furthermore, I want to clarify who this kind of first move is designed for.

If you haven't talked to the man before, and you make any kind of move that I describe today, then this is techniques apply to you.

Let's take one of my own personal stories...

She Couldn't Help Leaving Me a...

Don't you love cliff hangers?

Ok, so this first move by the girl is one where she asked me out, but I was the one who made the first flirty move.

So, this includes two lessons.

You could do either one of the first moves that I share here because they still will work for you despite the fact that I am a guy and flirted first.

I won't drag this story on.

She was a recreational sports intern at my large company and we have a softball league.

And I ran one of the softball teams.

I couldn't resist how cute she was so I approached her as someone just interested in sports with questions about the upcoming tournament.

Nothing, flirty yet.

Just talked softball and got her name.

Later I looked her up on our company Outlook and sent her an email about softball.

Except the “PS” was flirty.

Ha, ha, ha.

I finished the email with...

“PS- What color were your eyes? I didn’t want to stare?”

This was an innocent flirty **“green light”** from my part.

Her response?

“Stare all you want.”

Gulp!

Later she would leave me a voicemail that asked me out.

Yep, the woman asked the guy out first.

Here’s the best part.

I didn’t give her my phone number.

She looked my phone number up.

Since I was the coach of my team and she had the phone numbers, she took the bold move of asking me out.

WHY?

Because I gave her the **“green light”** that I liked her and that I was not going to reject her.

Ok, say is there ever a time when we don’t like the woman making the first move?

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Let's talk about it.

When We Don't Like the Woman Making the First Move

Well, to put in bluntly...

Practically never.

It is very rare that we mind when a woman makes the first move.

However, there is a hard-truth caveat.

There is one time that comes to mind when we do not like it.

And that is when we flat out are not attracted to her in any way AND she goes beyond extending a little flattery.

Any guy will find it at least a little flattering when a woman he is not attracted to likes him.

But if we do not find her at least somewhat physically attractive, then it just feels awkward that she is gawking over you, or worse, touching you and getting close and personal.

Sorry, if that's blunt, but it's the truth.

Just to clarify what I mean by this, as long as a guy finds a woman attractive in some way, she can make a first move on him and he will like it.

[Note: I said HE finds you attractive. Beauty is in the eye of the beholder, not what you think about yourself or what others may think of you]

Then it comes down to how she did it.

I know because it has happened to me a few times.

And I will give you those stories in a bit.

What Makes Us Instantly Fall for a Woman When She Makes the First Move?

Keep in mind, for one moment that with this document, I am not saying that us men expect women to make a move.

As a reminder, I only suggest it when he does not do it himself and it feels like you have only one shot as making it work and that is by you taking action.

I can tell you from first-hand experience that taking the first move works on us men, because it has happened to me and other men I know.

If you like him, go get him, the risk is minimal.

So, what do we like when a woman makes the first move?

Here are a few things:

Feeling of Uniqueness, Feeling Special

The feeling of a woman finding you attractive and then choosing to talk to you presumably over other men feels quite exhilarating.

We already find it quite a challenge to find, meet and approach women that we like who also like us back.

In the end don't we all want to feel special, desired and chosen?

Playfulness

What guy does not find a playful girl attractive? All guys want a girl who knows how to have fun, and I don't mean just the activities you'd do on dates, no, even in the simplest of interactions.

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She's just fun to be around.

As a relationship gets serious, there are times to put the fun aside for a moment and figure things out, but right now in the beginning there is not.

So, if your approach includes any kind of cute, flirtatious theatrics, chances are he'll love it.

Clever Approach

We also find it quite attractive how you choose a clever excuse to make it known that you like us. Let's face it. You won't exactly come right up to him and say, "Hello, handsome, I like you."

Ok, you could, and that would actually work quite well on a guy, but I realize that is not the norm.

Confident Risk Taking

We damn well know that you are taking a chance to make your move. And that's what makes it even sexier. Courageous people are naturally more appealing than wimps.

Now, onto the juicy stuff.

First Move Technique and Some of My Own Personal Stories

Flirting

Not all first moves involve flirting nor do they have to be dramatic, but we love when girls flirt with us because it's a much more fun way of expressing your fondness of us.

Teasing

For me teasing is a specific type of playful flirting. Instead, of complementing, you either give him a hard time or get sassy.

I've got a few stories.

1) During one of my first jobs at a popular theme park, a cute Brazilian tourist approached me while I was stocking and cleaning something at the restaurant.

She began to speak in Portuguese, and it was more than hello, but she went on for a few sentences before she stopped and said, ***“Oh, you don't speak Portuguese,”*** then winked and walked away.

Damn that's hot. We kept in touch as pen pals for many years and sent each other photos.

2) Same park, different year. One of the interns who I had recently trained was out on her own, stuck by herself. I passed by with a new training group, showed them around, let them take over to train for a bit. And then before leaving I asked her if she needed any more help because I knew she was just out of training. To my surprise, she sassily replied, ***“Well, no I don't, you're practically useless any way.”*** And then gave me a flirty, smirky smile.

We ended up sending each other multiple flirty texts and flirted with each other quite a bit throughout her internship, although nothing more than that.

Comments or Questions

Your comments or questions could be of a flirty nature or simply could show interest.

1) While working at a lounge in a luxury hotel, I made a few rounds to a table of four women to bring them wine. Upon returning the first time with a tray of glasses, one of the ladies, who had already gotten tipsy before I started my shift, started to ask me questions about me, but nothing overly personal mind you.

After coming and going a few times, she kept asking me more questions. Every time I got to the table; she'd start in on the questions. It became obvious that she was into me. She even invited me to hang out with the group later and before she left for her room, she asked to take a selfie pic with me.

Now, I won't deny it. She was super-hot and I found her approach adorable, but she was a guest at my resort, she didn't live close by and I didn't want to take a chance of getting in trouble.

Compliments

I don't think there are many compliments that would offend a guy. This just comes down to how much guts you have to pull it off, though. Go get him you little devil 😊

1) I'm personally a sucker for when girls compliment my eyes, especially when they pause and gaze at them. A Wendy's drive-through employee did just that to me once. Her sheer confidence was quite attractive. And another time, while I was working at the theme park a Dominican lady kept going on and on about my eyes in Spanish- *that was quite hot too.*

Flirty Invitations

Boldly asking a guy when he's going to take you out or expressing sarcastic frustration about his lack of asking you out are super sexy for any guy, again, provided he finds you attractive.

You're safe to try this technique out if either **a)** it's just obvious that most guys find you hot; **b)** you have extreme confidence and don't mind giving it a shot *OR* **c)** he has shown some kind of interest in you already but just hasn't asked you out yet

1) I've had a few girls straight up ask me, "So, when are we going to (x) place together?"

2) One time a manager of mine, yes, a manager, made a comment to another employee in front of me, "Well, we were supposed to meet up but he never made it happen." Okay, so she wasn't actually my manager when this happened, I was picking up a shift at my old location, but we flirted with each other quite a bit while I did work in that area.

Body Language

Okay, so this one is debatable, because what we interpret as body language that gives us the "green light" to proceed with you, might not actually be you telling us that you're interested. But I'm just going to reveal what most men would comprehend as an invitation to make some kind of move.

Take note that I still consider this a move on your part since you are the one showing interest first.

Here are some examples of what most men would interpret as flirting:

- A series or pattern of smiles while making direct eye contact with us and holding it for at least three seconds
- Making eye contact several times and tilting your head
- Looking back after you pass by and holding it for a couple seconds
- Walking past us and making eye contact (no smile)
- Attempting to make eye contact so that we don't look away
- Making several attempts to look at us from across the room
- Changing your energy and mood before we get close from bored and sad to energetic, alert and happy to see us. (Especially a regular pattern of this).
- Saying hello and smiling, looking down and then gazing back while still smiling
- Saying hello and smiling while giving us a side-glance and holding it while you walk by
- Waving and saying hello when we've never met
- Appearing to talk about us from across the room with your friend, glancing up smiling, giggling, looking away and then looking back again.

And here is a link to one of my most popular and viewed posts [17 \[Simple\] Female Flirty Body Language \[Secrets\] to Attract Men](#)

Provided you got him to notice, a good number of men will know that you are interested and that they are safe to make a move without getting rejected.

Of course, the bolder you are and the more obvious you make that you like him, the more you shed his fear of rejection away to advance.

BTW...*Looking for more strategies and advice **how to get men to devote themselves to you?** Starting even from the first time you meet???*

Dating coach Amy North has some incredible material. I love her **Text Chemistry** eBook/Video Series *BUT...*

... I highly recommend that you check out her [Devotion System](#) to learn effective techniques and mindsets to **hook a man and make him yours** (*and not let him pull away*), even from Day 1.

[\[Click here\]](#) to get more information on Devotion System

Touching

I don't believe that there is a more effective way to make a first move on a man than by touching him, especially making it a regular pattern.

Now I'm not suggesting to grab his ass (although that's happened to me a couple of times) or other private parts, instead there are many other non-intimate parts you could touch.

Here are some places to make your first move by touching him:

- Forearm, bicep, shoulder, small of back, upper back, hand, stomach, back of head, elbow or even straighten his shirt or collar

1) One day I was working, yes, again at the theme park, and a new girl showed up to my location, who I had never seen. It was slow and we started to chat. Her glances and self-touching to me seemed to indicate that she was attracted me.

I didn't think much of it until she walked by on her way to lunch break. As she did, she touched the small of my back and held it for a second. There was no need for her to do that other than to express her affection of me. A few days later she directed a friend to give me her number.

2) I can't tell you how many times I've had girls remove lint from my shirt or fix my collar. And it's always been the ones who I sensed liked me. One time a girl even flat out kissed me as we hugged goodbye.

Introducing Yourself

A simple and less-stressful way to make a first move on a guy is to just introduce yourself. This takes guts and we find it quite sexy. Just do not do it in a business-like manner or else he will not get the hint. Consider some of the flirty body language I listed above.

Questions?

If you have any questions about this document then please email me at Orlando@InfidelityFirstAidKit.com